

Your Stoma Care Discharge and Prescription Information Card

Your Name:

The Stoma Care Nursing Team:

Kate Evans, Tina Walker, Jenny Williams, Janice Bushell, Steph Howard and Rosie Howell-Hughes.

Your Community Stoma Care Team:

BRIGHTON AND SUSSEX UNIVERSITY HOSPITALS NHS TRUST:

- SOUTH TEAM (01273 696955 ext 64215)
- NORTH TEAM (01273 696955 ext 64215)

Out of Area Stoma Care Team:

WORTHING (01903 205111 ext 85494)

HASTINGS AND EASTBOURNE (01424 755255 ext 8537)

EAST SURREY (01737 231728)

TUNBRIDGE WELLS & PEMBURY (01892 632323)

Stoma Care Department

Brighton and Sussex University Hospitals Trust

3rd Floor, Southpoint

8 Paston Place

BN2 1HA

01273 696955 Ext. 64215 Bleep 8267

bsu-tr.stomacaredepartment@nhs.net

Where do I get my stoma care supplies from?

At discharge we will provide you with 2 weeks supply to meet your current stoma care needs. **At your first home visit we will normally review your on-going stoma care prescription requirements. Your GP will then be informed of these.**

All stoma care products need to be prescribed and can be obtained with a prescription from either a Home Delivery Company or your local pharmacy.

We communicate with your GP to ensure that you have the correct products for your stoma care. Your prescription may require review at times as your needs may change. New stoma care products can only be prescribed following a clinical review and communication with your GP practice.

Out of hours emergency stoma care supplies

These can be obtained from:

Level 9a, Royal Sussex County Hospital, Brighton

Via the Level 9a Coordinator on: 01273 696955 - bleep 8469

Or at:

Princess Royal Hospital, Haywards Heath

Hurstpierpoint Ward (the cupboard outside), 1st Floor – bleep 6014

Please ensure you call first so that appropriate stoma products can be gathered for you.

Out of Hours Support

If you need nursing attention out of hours and you are unable to wait until a Stoma Care CNS is available please call the following:

NHS 111 and ask for a community nurse for the area you live in.

Your product information

Your equipment will be supplied by:

Amcare 0800 393 889

Chemist:

Other :

Your first delivery will be on:

Your first community visit will be on:

Details of the products you are currently using

Product Supplier	Product Name	Product type	Code number	No. per box	Frequency used

There are a number of clinics available in a variety of locations and at different times for you to attend should you feel you need to see a Stoma Care Nurse.

Please note we are happy to accept self-referrals.

Clinic slots - by appointment only

<p>Tuesday Morning <u>Haywards Heath</u> Princess Royal Hospital Outpatients Department Ground Floor Haywards Heath RH16 4EX</p>	<p>Tuesday Morning <u>Newhaven</u> Newhaven Rehabilitation Centre, 1st Floor Church Hill Newhaven BN9 9HH</p>
<p>Wednesday Morning <u>Haywards Heath</u> Princess Royal Hospital Outpatients Department Ground Floor Haywards Heath RH16 4EX</p>	<p>Wednesday Evening <u>Brighton</u> Royal Sussex County Hospital Level 5, EACU Thomas Kemp Building Eastern Road BN2 5BE</p>
<p>Thursday Morning <u>Haywards Heath</u> Princess Royal Hospital Outpatients Department Ground Floor Haywards Heath RH16 4EX</p>	<p>Thursday Afternoon <u>Haywards Heath</u> Princess Royal Hospital Outpatients Department Ground Floor Haywards Heath RH16 4EX</p>
<p>Thursday Morning <u>Brighton</u> Royal Sussex County Hospital Outpatients Department Level 9a, Millennium Wing Brighton BN2 5BE</p>	<p>Friday Afternoon <u>Mile Oak</u> Mile Oak Medical Centre Chalky Road Portslade East Sussex BN41 2WF</p>

Please ring 01273 696955 extension 64215 should you wish to book into any of the above clinics.

When can I expect to be seen?

You will be supported by the stoma care nurses following your discharge from hospital. You should expect to be reviewed along your recovery at the following times:

	Location	When	Your next appointment date & location:
Contact 1	This will usually be in the form of a Home Visit.	Within 7 days	
Contact 2	This will either be via telephone, home visit or clinic appointment.	Within 3 weeks	
Contact 3	This will be in clinic.	Within 6 weeks	
Contact 4		Within 6 months	
Contact 5		Within 1 year	

Please note these dates are used as a guide only. If you feel you need to see your Stoma Care Nurse outside of the time allotted to you, please contact the department on 01273 696955 ext. 64215.

Any other information particular to your stoma care:

Bowel Cancer UK

Telephone: 0207 940 1760
Email: admin@bowelcanceruk.org.uk
Web: www.bowelcanceruk.org.uk

Crohn's and Colitis UK

Telephone: Information line: 0300 222 5700
Email: helpline@crohnsandcolitis.org.uk
Web: www.crohnsandcolitis.org.uk

Macmillan Cancer Support

Telephone: 0808 808 0000
Web: www.macmillan.org.uk

Urostomy Association

Telephone: 01386 430140
Email: info@urostomyassociation.org.uk
Web: www.urostomyassociation.org.uk

Colostomy UK

Helpline: 0800 328 4257
Email: info@colostomyuk.org
Web: www.colostomyuk.org

Ileostomy and Internal Pouch Association (IA)

Telephone: 0800 018 4724
Email: info@iasupport.org
Web: www.iasupport.org



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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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