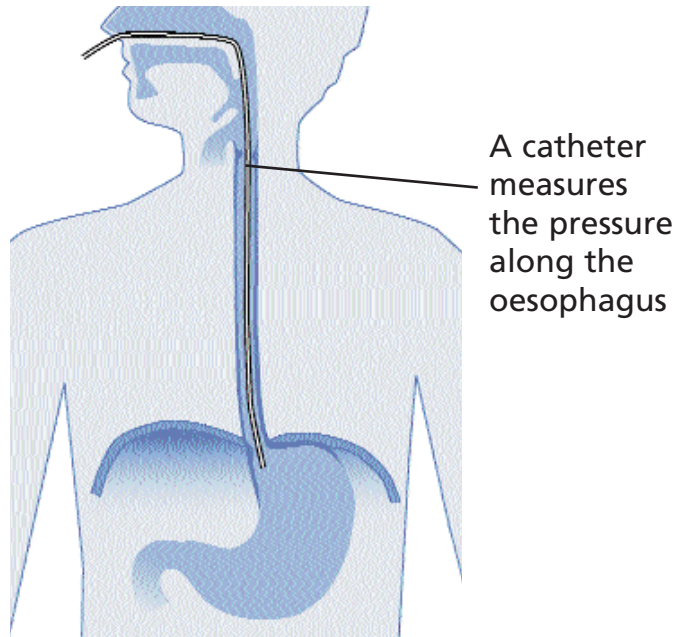


Your oesophageal manometry test

What is it?



Oesophageal manometry is a test to measure the strength and co-ordination of your oesophagus (gullet) when you swallow. The test can determine if your symptoms are due to certain disorders of the oesophagus. It is normally a requirement before any anti reflux surgery can be carried out.

How to prepare yourself

- Please do not eat anything for six hours or drink for two hours before the test.
- Wear loose, comfortable clothing.

The Test

You will not be sedated, but the Doctor/Nurse Practitioner will numb the inside of your nose with anaesthetic gel before passing a soft catheter (tube) through the nose and into your oesophagus.

You will be given sips of water to help you swallow the catheter and it will not affect your breathing.

You will then be asked to lie down on your right side whilst the catheter is connected to the measuring equipment.

During the test, small measured amounts of water will be given to you to swallow so that we can observe your oesophageal function.

When the test is over the catheter is removed swiftly and easily. The test may take approximately 30-40 minutes.

The Results

After analysis, your G.P. and Consultant will usually receive a copy of the final report within one - two weeks.

**Department of Endoscopy
Royal Sussex County Hospital
Eastern Road, Brighton BN2 5BE
01273 696955 Ext. 7877**

© Brighton and Sussex University Hospitals NHS Trust

Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

Reference no. 305.2

Revised Date: November 2018 Review Date: November 2020

