

Your Baby's Discharge Passport

Baby's Name

Date of Birth

This booklet is designed for you to tick off during your baby's stay on the unit and prepare you for their discharge home/ transfer back to your local hospital. Please tick when you have discussed the following issues with nursing staff:

Unit environment

- Handwashing
- Visiting times and rules
- Parent areas
- Noise level.

Feeding

Your choice of feeding will be supported from the start and, if appropriate, the staff will explain to you how to do the following:

- Express, label and store your breast milk
- Use the breast pump
- Sterilise expressing equipment/dummies/feeding equipment
- Make up formula milk feeds
- Warming the feeds
- Tube feeding.

Developmental care

- Containment holding
- Nesting and positioning
- Mouth care
- Nappy care
- Changing probe sites
- Non Nutritive sucking
- Kangaroo care
- Looking for babies cues.

Discharge Preparation

- Maintaining babies temperature
- Feeding routine
- Basic Life Support training
Insert date of training _____
- Information on safe sleeping
- Registering with GP
- Letter about formula for GP
- Storage of milk at home
- Taking frozen milk home
- Formula milk preparation
- Recognising illness and seeking medical advice
- Tube feeding competency completed if appropriate.
Date completed _____
- Leaflets
- Red book
- Immunisations – insert date given _____
- Date for rooming in _____

Screening prior to discharge

- Newborn blood spot screening
Insert date completed _____
- Hearing screening (Audiology)
Consent signed insert date _____
Screening completed insert date _____
- Eye screening (Ophthalmology)
Insert date _____
- Newborn examination screening (NIPE)
Insert date _____

Discharge Day

- Medicines for home
- Outpatient appointments if needed
- Neurodevelopmental follow up if needed
- Copy of discharge summary
- Copy of Tube feeding competency.

Useful contact numbers

Health visitor

Name

Contact number

Neonatal outreach Nurse

Name

Contact number

Community Children's Nurse

Name

Contact number

Children's Accident and Emergency

The Royal Alexandra Children's Hospital, Brighton BN2 5BE

Contact number 01273 696955 Ext. 2364

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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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