

It is important that you understand the risks and benefits of surgery or treatment being offered.

Important information:

- Please visit your GP for a health check if you have any health problems prior to this appointment.
- Please do not hesitate to ask if there is any additional information you would like about your stay in hospital (contact numbers are on the front of this leaflet).
- This hospital and the hospital grounds are a **SMOKE FREE ZONE**.
- We recommend that all patients should avoid smoking prior to and just after surgery.

What to expect at the Pre-assessment Clinic

Information for patients

Contact us:

BSUH Pre-assessment Unit
Hurstwood Park Neurological Centre
www.bsuh.nhs.uk

Telephone: 01444 441881 extn. 5712
Surgical ward: 01444 441881 extn. 5732

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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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If you do not understand this leaflet, we can arrange for an interpreter.

إذا كنت لا تستطيع فهم محتويات هذه النشرة فليطلبنا عمل الترجمات لتوفير مترجم شفوي لك.

এই পত্রিকাটি যদি আপনি বুঝতে পারেন না, তবে আমরা আপনাকে বঙ্গ বা অন্য কোন ভাষায় কথাবার্তা শুনিয়ে দেওয়ায় সাহায্য করতে পারি।

如果您不明白本传单的内容，我们可以安排口译员服务。

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اگر سدرجات این جزوه را نمیفهمید، ما میتوانیم مترجم در اختیارتان بگذاریم.

Jeśli masz trudności w zrozumieniu tej ulotki, możemy zorganizować tłumacza.

You have been given an appointment to come to a pre-assessment clinic at Hurstwood Park Neurological Centre.

Any information concerning your health is strictly confidential

What do I need to bring with me?

Please bring with you a list of your medication or tablets you are taking, you do not need to bring your actual tablets with you. Please bring a sample of urine with you for us to test

If for any reason we require further tests before your operation we will contact your GP to arrange these tests.

We may also need to arrange for you to see an anaesthetist at another appointment if necessary. This may mean postponing your operation until we have all the results we need.

Can I ask questions?

This is an opportunity for you and your carers to discuss any problems you may have and to ask any questions about your stay in hospital.

You may find it helpful to write down any questions you may have and bring them with you.

When will I see my consultant?

You will see your consultant or his registrar when you are admitted to the ward and they will explain your operation to you and ask you to sign a consent form.

What is the pre-assessment clinic?

The Pre-assessment clinic will prepare you for your proposed surgery and help us make your operation as safe as possible. For us to provide this service please allow a few hours for your appointment.

Nursing assessment

You will be seen by a nurse who will ask you several questions about your general health and your home circumstances. The nurse will answer any questions you have regarding your stay in hospital and will discuss and give you advice regarding your discharge home.

The nurse will carry out various tests including:

- Blood pressure and pulse
- ECG (tracing of your heart)
- Blood tests
- You may also require some additional x-rays relating to your condition or a chest x-ray

Medical Assessment

One of the doctors from the surgical ward (senior house officer) will see you in the clinic and take a detailed history; this includes questions about your general health and a physical examination. They will:

- Assess your general health to ensure you are fit enough to have a general anaesthetic
- Ask you about previous operations, treatments or if you have had any problems with bleeding or bruising after surgery
- Ask you if there is anything you are allergic to
- What medication you are taking