



YES!
 I would like to hear more about becoming a **PATIENT REPRESENTATIVE** for the Sussex Trauma Network.

The Sussex Trauma Network is looking for Patient Representatives

CONTACT US

If you would like to get involved or get more information, please contact us on:

- Email – bsuh.sussextrauma@nhs.net
- Twitter [@sussextrauma](https://twitter.com/sussextrauma)
- Facebook [@sussextraumanetwork](https://www.facebook.com/sussextraumanetwork)
- <http://sussextrauma.org/>

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 The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

Ref number: 1037
 Publication Date: November 2019
 Review Date: November 2021



**“Trauma creates change
you don’t choose.
Healing creates change
you do choose.”**

Michele Rosenthal

Would you like to share your trauma treatment and recovery experience – good or bad?

If so we’d love to hear from you.

We aim to keep improving our care and the best way for us to learn how to do this is hearing directly from patients, families, and carers just like you!

Sharing your stories means we can learn lessons and improve outcomes for current and future sufferers of trauma related injury and illness.

How can I get involved?

You can be involved in a number of ways, depending on what suits you.

Our engagement opportunities range from completion of a questionnaire to informal discussions with clinical professionals talking about improvement ideas.

Who are the Sussex Trauma Network?

The Sussex Trauma Network brings together all those responsible for patients following a major trauma across the county of Sussex; providing access to the very best treatment and expertise of high quality care, and reducing disability and the number of trauma related deaths.

Trauma Care in Sussex is supported by a network of hospitals including the Major Trauma Centre in Brighton, three trauma units (St Richards Hospital, Conquest Hospital, and Worthing Hospital), two local emergency hospitals, our ambulance and air ambulance services, and our community rehabilitation teams. We also work in partnership with our charitable and third sector partners.

