



**University
Hospitals Sussex**
NHS Foundation Trust

The Sunflower Clinic

for women living with HIV

Alternate Fridays 10-1pm at The Lawson Unit

Lawson Unit nursing team - 01273 664722

Health advisers - 01273 523388

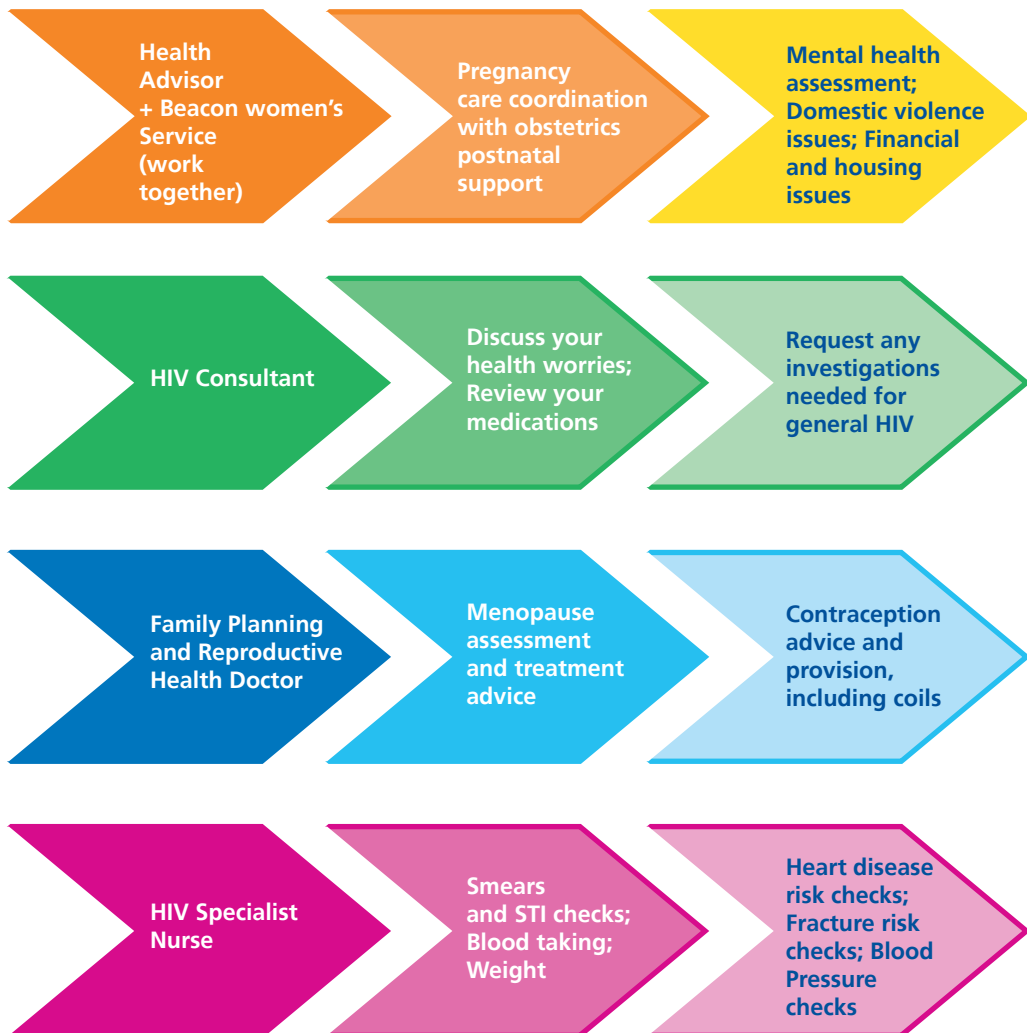
**Women's Service at The Sussex Beacon -
01273 694222**

Patient information



A one-to-one service for you

You are free to discuss any of the following issues with our Sunflower Team.



The Lawson Unit is now running a specialist clinic dedicated to providing a confidential and supportive clinic for women living with HIV.

Our Sunflower Clinic allows you to access a doctor, nurse, health adviser and a women's support worker from the Sussex Beacon – all at one appointment.

This specialist team offers support, information and education around HIV treatment, contraception, sexually transmitted infections, fertility, cervical smears, menopause, bone and heart health, domestic violence, substance misuse, sexual assault, social issues and any concerns around mental health.

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Contact details

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Health advisers - 01273 523388

Women's Service at The Sussex Beacon - 01273 694222

Other services you can self refer to:

RISE (Domestic abuse support)

Phone: 0300 323 9985 <https://www.riseuk.org.uk/>

THT (HIV support)

Phone: 01273 764200 0808 802 1221.

Online counselling

<http://www.tht.org.uk/myhiv/service/Online-counselling>

SUSSEX BEACON

Women's services

Mindfulness courses

Positive fitness classes

Hattie.yannaghas@sussexbeacon.org.uk

Brighton and Hove healthy lifestyle team

[www.brighton-hove.gov.uk/
healthylifestyles](http://www.brighton-hove.gov.uk/healthylifestyles)

Websites and online forums

www.sane.org.uk

www.mind.org.uk

www.friendsinneed.co.uk

www.rethink.org

www.blurtitout.org

www.nopanic.org.uk

www.anxietycare.org.uk

www.depressionuk.org

www.sleepcouncil.org.uk

www.nhs.uk/oneyou

**This leaflet is intended for patients receiving care
in Brighton & Hove or Haywards Heath**

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