

The Macmillan Nurse Specialists for Gynaecology Cancers

at the Royal Sussex County Hospital

We are senior nurses who are core members of the Gynaecology Oncology Multidisciplinary Team (MDT) based at Sussex Cancer Centre. The MDT is composed of Surgeons, Oncologists, Nurses, Radiologists, Pathologists and a Cancer co-ordinator. We meet regularly and will discuss your treatment as required.

We specialise in the care and support of women diagnosed with a gynaecological cancer and our role is to be your Key Worker. The Key Worker will be your main point of contact and will help co-ordinate your care whilst you are being cared for at Sussex Cancer Centre and Royal Sussex County Hospital. When you are discharged or your care is transferred your Key Worker may change. If you live in Worthing, Eastbourne and Hastings, the Gynaecology Nurse Specialists based there will be your Key Worker.

We can offer advice and support to you throughout your treatment and follow-up care. We can discuss your fears and anxieties, and answer questions about your disease, the investigations, procedures and treatments.

We are able to help you with

- Managing the symptoms and treatments associated with cancer
- Adjusting to the diagnosis of cancer and the spread of cancer
- Support you with body image and psychosexual issues
- Support for family and friends who care for you
- Communicating with services away from the hospital, for example GP's, District Nurses, Hospice care etc.
- Advising about clinical trials/research
- Helping you get back to your new routine after treatment finishes.

Our working hours are Monday to Friday 8am to 4pm and our contact number is **01273 664455**. We may be out of the office when you phone so please leave us a message and will return your call within 24 hours.

Unfortunately we are unable to provide an out-of-hours service over the weekends or Bank Holidays but you can leave us a voice message. In an emergency please contact your General Practitioner or NHS Direct for advice.

For patients having chemotherapy treatment, please contact the out of hours number given to you by your Chemotherapy Nurses (listed below)

If you have a query relating to an appointment (including scans and x-rays) please contact the department directly.

Local contact numbers

Royal Sussex County Hospital

Main Switchboard **01273 696955**

**Secretary to Mr. Larsen-Disney, Mr. Andrew Fish,
Miss Sonali Kaushik** (Consultant Surgeons) **01273 664271**

Secretary to Dr. R. Herbertson and Dr. E Selvadurai
(Consultant Oncologists) **01273 664690**

Secretary to Dr. K. Lankester **01273 696955 Ext. 67686**
(Consultant Oncologist)

Chemotherapy Reception **01273 667894**
Chemotherapy Nurses **Ext. 7894**

Chemotherapy (office hours) **01273 696955 Ext. 4799**
or Howard 1 (out of hours) **01273 696955 Ext. 4051/ 4738**

Radiotherapy Reception **Ext. 4901**

Level 11 (Surgical Ward) **01273 523191**

Howard 1 (Oncology ward) **01273 696955 Ext. 4051**

Sussex Cancer Centre Reception (Appointments) **01273 664324**

X-Ray Dept. **01273 696955 Ext. 4118**

CT scan Department **01273 696955 Ext. 7926**

MRI Department **01273 696955 Ext. 63505**

Patient Advice and Liaison Service (PALS) is a patient friendly, easy to access service designed to provide a personal contact point to assist patients, relatives and carers. If you have a problem that you have not been able to resolve PALS can help you.

The Royal Sussex County Hospital PALS Office is open from 09.00-17.00 Monday to Friday and is located in

Sussex House

01273 696955

Princess Royal Hospital

CT Scan Department

01444 441881 Ext. 5489

MRI Department

01444 441881 Ext. 5640

Other useful numbers

Gynaecology Nurse Specialist

Worthing Hospital

01903 205111 Ext.84340

Gynaecology Nurse Specialist

Eastbourne and Conquest Hospitals

01323 417400 Ext. 5832

Macmillan Cancer Support 0800 808 000 www.macmillan.org.uk

Local Macmillan Welfare Benefits Service

East Sussex

01323 635989

West Sussex

01903 532234

Brighton & Hove

01273 223955

Ovacom (ovarian cancer support network)

08453 710554

[www.support@overcome.org.uk](mailto:support@overcome.org.uk)

Jo's Cervical Cancer Trust 0808 802 8000 www.jostrust.org.uk

Vulva Awareness Campaign Organisation

01617 475911

www.vaco.co.uk

The Eve Appeal

0207 605 0100 www.eveappeal.org.uk

Lymphoedema Support Network

www.lymphoedema.org

0207 351 0990 (Administration) or 0207 351 4480 (Information & Support)

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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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carer and patient information group approved