

The Macmillan Nurse Specialist in Urology

Information for patients

Department of Urology,
at the Princess Royal Hospital

I am the Macmillan Nurse Specialist in the Department of Urology.

I work closely with the staff in the outpatients department and the wards and am here to help support you, and the people who are close to you, throughout your illness.

Please keep this leaflet. It will give you an idea of the ways in which I can help. It will also tell you how you can contact me, which you may need to do now or in the future.

If you need support or information

People can experience a wide range of emotions when the possibility of having cancer is mentioned, and it can be devastating when the diagnosis is confirmed. It can be a frightening and unsettling time for patients, their partners and their relatives. Whatever you are feeling at present, it may help to talk with someone. I am available to talk with you about your feelings, and to answer any questions you may have about your disease or the proposed treatment. If I can't answer all your questions myself, I can put you in touch with someone who can.

You can ask me about your diagnosis and disease, as well as your treatment plan and what it will involve. I can explain the options and make sure you know about the different kinds of help available to you each step of the way. I'd be happy to see you by yourself or with your partner or a friend or a relative. You'll find my contact number on the next page.

If you need a link between different people

As there will be a number of people involved in your treatment and care, you may find it helpful to use me to 'link them up'. I can explain their different roles, and if you would like me

to speak to them on your behalf I will be happy to do so. I can also put you in touch with the different services in the community that may be useful to you when you are at home. There are also a number of support organisations that you may like to know about.

If you need help coping with your symptoms

At times the disease or treatment may cause symptoms which are difficult to cope with. Part of my role is to assist you in managing these symptoms so that they don't affect your quality of life. Most symptoms can be controlled by expert use of drugs or by learning new techniques, and we can look at options together.

If your family needs support

My support is available to you, your partner and your family. The people who love and care for you may need support with their own feelings about your illness, or information on how they can best support you.

Please make sure they see a copy of this leaflet.

How to contact me

You can ring me on my contact telephone number. If I cannot take your call then please leave a message and I will ring you back as soon as possible.

My number is: 01444 441881 Ext. 8068

I can make an appointment to see you in the outpatients department or, if you are in hospital, I can visit you on the ward.

Macmillan Cancer Support

Macmillan Cancer Support supports and develops services to provide specialist care for people with cancer.

89 Albert Embankment,

London SE1 7UQ

Information Line: 0808 808 00 00

Website: www.macmillan.org.uk

Information Prescriptions website:

www.nhs.uk/ips.

If you have any queries please contact

The Macmillan Nurse Specialist in Urology

Downsmere, Princess Royal Hospital,

Lewes Road, Haywards Heath, Sussex RH16 4EX

Telephone: 01444 441881 Ext. 8068

If you do not understand this leaflet, we can arrange for an interpreter.

إذا كنت لا تستطيع فهم محتويات هذه النشرة فيمكننا عمل الترتيبات لتوفير مترجم شفوي لك.

এই প্রচারপুস্তিকাটি যদি আপনি বুঝতে না পারেন, তবে আপনার জন্য আমরা একজন অনুবাদকের ব্যবস্থা করে দিতে পারি

如你不明白本單張的內容，我們可安排口譯員服務。

如你不明白本傳單的內容，我們可安排口譯員服務。

اگر مندرجات این جزوه را نمیفهمید، ما می‌توانیم مترجم در اختیارتان بگذاریم.

Jeśli masz trudności w zrozumieniu tej ulotki, możemy zorganizować tłumacza.

Adapted from the QVH Foundation Hospital leaflet
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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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Carer and Patient Information