

## Removal of Retained Placenta

Sometimes the placenta needs to be removed by a Doctor in theatre.

If this happens, again you will be taken care of by a Recovery Nurse.

Observations are taken every 10 minutes for an hour.

They will take the same measurements as the procedure above.

## Post Partum Haemorrhage

Should bleeding continue **after the birth of your baby** or you experience a sudden heavy blood loss, you may be returned to theatre.

After your theatre visit a Recovery Nurse will stay with you for about an hour or until you are safe. Undertaking the same observations as a Trial, Perineal Tear or Removal of Retained Placenta.

## How will your pain be managed?

After having your procedure you may experience some discomfort.

In theatres there will be a need to administer an anaesthetic. This could be in the form of either a general/local or regional (Epidural or Spinal) anaesthetic.

Post operatively when the spinal/epidural is wearing off you may experience pins and needles and start to move your legs.

Throughout your stay in hospital you will be given regular pain relief such as Paracetamol or Ibuprofen. If you are in discomfort in between these regular pain killers others will be available to you such as Dihydrocodeine and Oramorph which is liquid Morphine. Piriton is also available for itchiness.

We hope you find this leaflet helpful.

For any vision, mobility or access issues please contact Maternity Services or the Equality and Diversity Team.

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Created by the Recovery Department, PRH.  
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## Reference List

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# Role of the Recovery Nurse in the Central Delivery Suite (CDS)



Patient Information Leaflet

## The Role of the Recovery Nurse

Welcome to the Central Delivery Suite.

When you arrive at the maternity ward you will be greeted by different health professionals.

This leaflet describes the role of one of those - the recovery nurse.

### Who is the Recovery Nurse?

- A qualified nurse, part of the theatre team
- Male or Female - in accordance with patients religious, spiritual and cultural beliefs
- Wears Raspberry scrubs
- Takes care of the mother after visiting theatre.

### Who will Care for your Baby?

The Midwife will care for your baby including weighing, observations, Vitamin K administration, support with your chosen method of feeding and carry out any observations.

Although we are qualified Nurses we are not trained to advise on the care of your baby.

### What happens if you have a Caesarean Section?

There are different categories of caesarean sections. Some are planned and others are emergencies.

Following surgery you will be taken care of by a Recovery Nurse for about 2 hours.

They will monitor your observations every 5 minutes for the first half hour and then 3 sets of half hourly measurements. They will record blood pressure, heart rate, oxygen levels, respirations and temperature. They will also need to check your wound site and vaginal bleeding.

You will also have a cannula (possibly 2) which may be used to give intravenous fluids, pain medication and a drug called Oxytocin to help contract the uterus.



### What other surgical procedures could you have?

#### Perineal Tears

Should you sustain any perineal trauma it may be possible to repair in the room however in some cases it is necessary to repair the tear in theatre.

After coming out of theatre you will be taken care of by a Recovery Nurse for an hour. Observations will be taken every 10 minutes. They will look at your blood pressure, heart rate, oxygen levels, respirations and temperature. They will also need to check you for vaginal bleeding.



### Assisted Vaginal Delivery

It may be necessary to assist the vaginal birth of your baby.

The different methods would then be discussed by your Midwife/Doctor.

Following an assisted vaginal delivery carried out in theatre a Recovery Nurse will look after you in your room for about an hour.

Observations will be made every 10 minutes and blood pressure, heart rate, oxygen levels, respirations and temperature will also be monitored. Signs of vaginal bleeding will also be noted.

Sometimes it may be required to convert to a caesarean section. You will be looked after again by the Recovery Nurse.