

Rigid Cystoscopy

Department of Urology

What is a Rigid Cystoscopy?

It is a visual examination of the inside of the bladder.

The procedure is called a rigid cystoscopy because we insert a rigid instrument called a cystoscope into the urethra. The urethra is the tube from your bladder through which urine drains. This allows us to examine the urethra and the inside of your bladder.

It can also be used to perform other procedures on the bladder, the ureters, which are the small tubes that drain urine from the kidneys to the bladder, the prostate gland and the bladder neck.

It is performed using either a general anaesthetic, where you are asleep, or a spinal anaesthetic, where you have no feeling below the waist.

During this procedure you may have a catheter inserted. This will allow any urine produced to drain freely. This urine may be bloodstained but this will clear.

Once the catheter has been removed and you are passing urine satisfactorily you will be discharged from the hospital.

If you need to come for an outpatient appointment we will send details of this to you at a later date.

Instructions on discharge

- Drink plenty of fluid – approximately two litres per day, especially if the urine is blood stained or it is painful to pass urine.
- Eat a normal balanced diet.
- Avoid constipation or straining to go to the toilet.
- Avoid heavy lifting or strenuous activity for one week.
- Do not drive a motor vehicle or operate machinery for 24-48 hours.
- It is quite normal to notice some increased blood in your urine after 10 days. This is part of the healing process.

Are there any potential complications?

We advise you to contact your General Practitioner if after discharge from hospital you suffer from:

- Increased bleeding or clots
- Increased pain or frequency of passing urine
- Inability to pass urine at all

You may have developed an infection and require antibiotics or another form of treatment.

Useful telephone numbers

The Princess Royal Hospital

Ansty ward 01444 441881 Ext. 8240/8241

The Urology Nursing Team 01444 441881 Ext. 5457

Urology Consultants:

Mr Nawrocki's secretary 01444 441881 Ext. 5962

Mr Coker's secretary 01444 441881 Ext. 8043

Mr Symes' secretary 01273 696955 Ext. 7809

Mr Thomas' secretary 01273 696955 Ext. 7810

Mr Larner's secretary 01273 696955 Ext. 7808

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