

Rainbow lanyards and rainbow badges



Brighton and Sussex
University Hospitals
NHS Trust

Clear messages make a big difference

This is a voluntary way for staff of any sexual orientation and gender identity to indicate that they are a 'safe listening ear' and ally for LGBT patients, colleagues, volunteers and students.

Safe Space Pledge

1. I pledge to come out for safe spaces where LGBT people **LIVE** so that they are welcome in all community and work spaces.
2. I pledge to come out for safe spaces where LGBT people **LEARN** so that environments are free from bullying and undermining.
3. I pledge to come out for safe spaces where LGBT people **WORK** so that all staff are equally valued and recognised at work, and can achieve their full potential.
4. I pledge to come out for safe spaces where LGBT people **PLAY** to ensure the full participation and support for LGBT people in athletics, work sport activities and for LGBT young people to be themselves and play.
5. I pledge to come out for safe spaces where LGBT people **PRAY** so that there are LGBT-affirming and welcoming places of worship.

For one-to-one support, workshops and awareness on gender and sexual diversities, and/or guidance on how to be an active ally, contact me on 01273 664685 or email Olivia.King6@nhs.net or write to me at Room S1, St Mary's Hall, Main Building, Second Floor, RSCH.

Version 2



BSUH NHS Trust has an LGBTQ+ Staff Network which is open to LGBTQ+ staff and allies. Follow on Twitter [@BSUH_LGBTQ](https://twitter.com/BSUH_LGBTQ) or email BSUH.LGBTQ@nhs.net.

COME OUT FOR SAFE SPACES WHERE LGBT PEOPLE
LIVE • LEARN • WORK • PLAY • PRAY