

Patient instructions for using Nu Gel

The Sussex Cancer Centre

Why do I need this medication?

Nugel is a support medication to use whilst receiving radiotherapy treatment. It is a “hydrogel”, which hydrates the area being treated with radiotherapy. It also helps the wound to heal more quickly

How should i store my medication safely?

Keep Nu-gel stored in the fridge as the cooling effect will help sooth the wound. If you are going away or not able to put it in the fridge, it is ok to leave it at room temperature.

How do i use it?

- Wash hands before application;
- Clean the area with some saline and gauze, removing any excess Nu gel.
- Holding the pack in one hand, direct the Nugel onto the wound, by applying an even pressure to the base of the pack with your thumb or heel of your hand, taking care not to touch the area with the nozzle.
- Apply the Nu-gel to the whole wound to at least 5mm thick.
- Cover with recommended dressing called mepilex, of which a couple of days supply will be provided.
- Apply to the skin up to 3 times a day.

Who can i call for further information or advice

Nursing Team
Appointments

01273 696955 Ext. 4324
01903 205111 Ext. 4082

If you do not understand this leaflet, we can arrange for an interpreter.

إذا كنت لا تستطيع فهم محتويات هذه النشرة فبإمكاننا عمل الترتيبات لتوفير مترجم شفوي لك.

এই প্রচারপুস্তিকাটি যদি আপনি বুঝতে না পারেন, তবে আপনার জন্য আমরা একজন অনুবাদকের ব্যবস্থা করে দিতে পারি

如你不明白本單張的內容，我們可安排口譯員服務。

如你不明白本传单的内容，我们可安排口译员服务。

اگر مندرجات این جزوه را نمیفهمید، ما می‌توانیم مترجم در اختیارتان بگذاریم.

Jeśli masz trudności w zrozumieniu tej ulotki, możemy zorganizować tłumacza.