

Palliative Care Team

What is palliative care?

Palliative care is the care of patients with life limiting illnesses. The aim of palliative care is to achieve the best possible quality of life for patients and their family/carers by addressing physical, emotional, spiritual and social needs.

How can the palliative care team help?

We are a multi-professional team consisting of a Lead Nurse for Palliative and End of Life Care, Macmillan Palliative Care Clinical Nurse Specialists, Macmillan Palliative Care Occupational Therapists and Consultants in Palliative Medicine. We work within all areas of the hospital and have particular expertise in the management and support of patients who have an illness which is not curable.

We see patients referred to us by clinical teams (in charge of a patient's care), community teams, and if appropriate, at the request of the patient or their families or carers.

Our specialist team can offer help through:

- Assessment and advice on dealing with symptoms related to your illness should they occur e.g pain, nausea, breathlessness
- Information and advice on social, practical and financial issues
- Providing information about your illness and liaising between you and the team treating you
- Assist you in making difficult medical decisions and planning your future care
- Providing psychological support and advice to you and those most important to you
- Providing help with spiritual and cultural needs
- Referring you to other services which may be helpful e.g to a community palliative care team in your area
- Advice to those coordinating your discharge from hospital.

You will be allocated a 'Key Worker' within our team who will be the person to contact if you have any concerns about your condition. However, you may not always see the same member of the team on each visit.

Your Key Worker is:

The team keeps clinical notes directly relevant to your care. Appropriate information will be shared with other care professionals (e.g. GPs, community nurses) to provide continuity of care during your hospital admission and on discharge.

Who is in the palliative care team?

Consultants

Dr Ollie Minton (Clinical Lead)
Dr Andreas Hiersche (Lead Clinician)
Dr Charles Skinner
Dr Kiran Sharma

Lead Nurse for Palliative and End of Life Care

Steve Bass

Macmillan Clinical Nurse Specialists (CNS)

Karen Carroll
Mark Danieletto
Shelley Bradshaw
Josie Darling
Charlotte Ede

Macmillan Occupational Therapists (OTs)

Caroline O'Connor
Mary Leahy

Support Workers

Sarah Wadey
Frances Rush

How can I contact the palliative care team?

Our team works from 9am to 5pm Monday to Friday*.
You can contact the team during this time on:

01273 523021

Out of hours, you can leave a non-urgent message
on the answer machine.

Staff can contact us via the number above. (*except Bank Holidays)

Your views on care

As part of service improvement we value your feedback. We invite you to complete a short 'Views on Care' survey. Please use the included paper copy or alternatively give feedback electronically by following this link: https://www.surveymonkey.co.uk/r/SPCT_VOC

Useful information

Hospital Switchboard

Brighton - 01273 696955 **Haywards Heath** - 01444 441881

Your Community Palliative Care Service is:

Contact Number:

Websites which may provide further information:

www.ncpc.org.uk/site/patientandcarers

www.nhs.uk

www.macmillan.org.uk/

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Disclaimer

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