

Living with Lung Cancer



Information for patients and carers

What can the Living with Lung Cancer Clinic do for me?

Our aim is to inform and support you through your diagnosis, treatment and after. By signposting you to various services, this clinic will:

- Support your diet and nutrition needs
- Explain benefits and offer financial advice
- Help you deal with difficulties linked with lung cancer
- Enable you to cope with physical limitations
- Save you multiple visits to hospital.



How do I know which services I need?

Before you visit the Living with Lung Cancer Clinic, you will have had a chat with a Macmillan nurse to discuss any issues or concerns you may have. This enables us to prioritise, help decide on the services you may benefit from and plan your visit.

Dietitian

Loss of weight, lack of appetite and fatigue are very common symptoms of lung cancer. If this is the case, or you have any other dietary concerns, you may benefit from a consultation with an expert dietitian. They can advise on how to ensure you get the nutrition you need.

Physiotherapist

You may find yourself:

- Short of breath, after activity or at rest
- Fatigued
- Coughing
- Chesty
- Experiencing chest pains.

A consultation with our expert physiotherapist may provide you with ideas to manage your symptoms and help you remain active.

Benefits Advisor

Many people living with cancer are not aware of the financial support available. Benefit advice may be helpful in ensuring you receive any allowances that you are eligible for; an expert from Brighton and Hove's Citizen's Advice Bureau will be on hand to offer advice and even help complete the paperwork.

To help speed things up in your appointment with the benefits advisor please bring accurate information regarding your household income/pension.

When and where?

Simply come to reception at the Sussex Cancer Centre in the Royal Sussex County Hospital at the date/time given. Please bear in mind that if you are seeing two or more professionals this clinic may last up to two hours. If this is a concern, or you would like to alter your appointment for any reason, please do not hesitate to call the cancer centre on **01273 696955 Ext. 4324**.

Your say

We are always looking to improve our service and would really appreciate hearing your thoughts. There will be copies of a survey called 'Patient's Voice' available in the waiting area at the Sussex Cancer Centre. There are boxes all over the hospital where these can be dropped off, so these can be returned at your convenience, anonymously and in complete confidentiality.

My Appointment

Time

Date

Websites with useful information

www.macmillan.org.uk

www.lunguk.org

www.roycastle.org

www.mesothelioma.uk.com

If you do not understand this leaflet, we can arrange for an interpreter.

إذا كنت لا تستطيع فهم محتويات هذه النشرة فيامكاننا عمل الترتيبات لتوفير مترجم شفوي لك.

এই প্রচারপুস্তিকাটি যদি আপনি বুঝতে না পারেন, তবে আপনার জন্য আমরা একজন অনুবাদকের ব্যবস্থা করে দিতে পারি।

如果你不明白本單張的內容，我們可安排口譯員服務。

如果你不明白本傳單的內容，我們可安排口譯員服務。

اگر مندرجات این جزوه را نمیفهمید، ما می‌توانیم مترجم در اختیارتان بگذاریم.

Jeśli masz trudności w zrozumieniu tej ulotki, możemy zorganizować tłumacza.



carer and patient information group approved

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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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