

## **HERNIA REPAIR DISCHARGE ADVICE**

- After discharge from hospital your baby may go to playgroup or nursery.
- The stitches DO NOT NEED TO BE REMOVED. They will dissolve over a period of time.
- Over the wound there may be a dressing, which can be removed after 5 days. Do not worry if it comes off before this.
- If you are worried about the wound, for example, it looks red and angry or if there is a discharge, please contact your GP. If you would like some advice contact the TMBU staff.
- Washing with nappy changes is fine but try not to soak the wound site. No baths for 5 days.
- Your baby may experience some discomfort and bruising for the first week after the operation.
- To help prevent discomfort you can give Paracetamol at the intervals stated on your bottle.

PLEASE TELEPHONE TMBU IF YOU NEED ADVICE, YOU MAY NEED TO COME TO THE ROYAL ALEXANDRA CHILDREN'S HOSPITAL BE SEEN.

**01273 696955, Ext 4377/3450.**