



Brighton and Sussex
University Hospitals
NHS Trust

Early Pregnancy Unit

Department of Gynaecology

What is the Early Pregnancy Unit?

We are a doctor led clinic specialising unit for women who have problems in early pregnancy.

This clinic is for women with pain and/or bleeding in early pregnancy.

Referral Criteria:

- Positive pregnancy test
- You must be between 5-17+6 weeks
- Previous x3 consecutive miscarriages under consultant led care
- Previous ectopic pregnancy
- Referral into the Early pregnancy unit is based on assessment by a health professional.

We also offer blood tests and follow up appointments for women that have suffered 3 consecutive miscarriages.

Where is the Early Pregnancy Unit?

Royal Hospital Sussex County

Level 11 Gynaecology

We are on the 11th Floor of the Tower Block

Contact telephone number **01273 664402**

This is not a walk in clinic; it is open from 8.00am –4.00pm Monday to Friday and is by appointment only.

Princess Royal Hospital

Horsted Keynes Ward

We are on the 2nd floor of the main building

Contact telephone number **01444 441881 Ext. 8370 / Ext. 5686**

This is not a walk in clinic; it is open from 8.30am –12 midday Monday, Wednesday and Friday and is by appointment only.

What is the referral process?

Women with problems in early pregnancy may be referred via:

- Accident and emergency department
- Community midwife
- Ultra sound department
- GP referral
- Gynaecology Assessment Unit
- Urgent Care Centre
- Self.

What will happen when you arrive to the unit and during your consultation?

You will first see the nurse who will take a history from you and possibly a urine sample.

If indicated the nurse will refer you for an ultrasound scan which is in the next room, this maybe either abdominal or vaginal.

Then you will see a doctor who will explain to you the results of your scan and further management this may include:

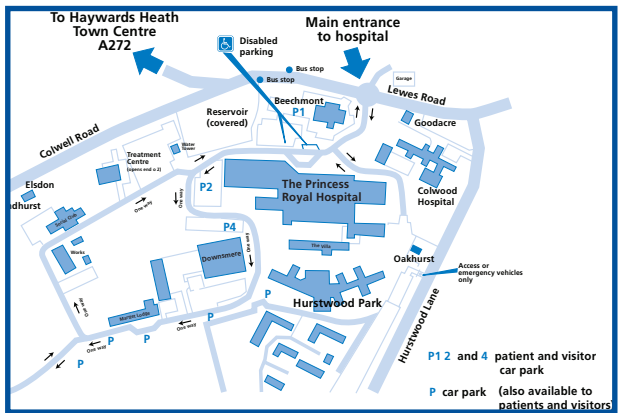
- Blood tests
- Follow-up appointment at the Unit
- Ask you to contact the unit for test results
- Refer you to your GP
- Explain the likelihood of having to stay in hospital and the reasons.

What do I do if I experience further pain or bleeding?

If you are under 18 weeks pregnant, you can call us during opening hours to speak to a nurse about your concerns. Your call will be answered as soon as possible.

If the department is closed you can phone the gynaecology wards on:
Royal Sussex County Level 11 Gynaecology Ward 01273 523191
Princess Royal Hospital Horsted Keynes Ward 01444 441881 Ext. 8370 / Ext. 5686 Otherwise you can contact your GP or community midwife.

- **BSUH NHS TRUST (2011) GP001**
Early Pregnancy Unit
Clinical Guidelines.
- Patient UK Information leaflets
www.patient.co.uk
Women's Health Category
- Royal College of Obstetricians and Gynaecologists
www.rcog.co.uk
- National institute for Health and Clinical Excellence: Clinical Guidelines:
Nice Pathways
www.nice.org.uk



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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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