

Welcome to Level 7

Our ward philosophy is to make you and your child's admission as happy and friendly an experience as possible.

Our ward is made up of 4 bedded bays and cubicles which will be allocated to you by your nurse on your arrival.

Please ensure that the fasting times, are followed. If your child has had anything to eat or drink later than the times stated, it may be necessary to delay or cancel surgery.

Please bring something for your child to wear to the operating theatre; this could be clean pyjamas, nightie, jogging bottoms and T-shirt. It is important that there are no metal fasteners or poppers on the clothing and no onesies.

Please also bring a change of clothes, nappies and wipes with you (if required).

Also please bring your child's comforter with them.

If your child wears nail varnish, it is necessary to remove it prior to surgery, this so that observations can be successfully obtained whilst under anaesthetic. It would be extremely helpful if this could be done prior to admission.

Please ensure that jewellery is removed, and that metal hair clips are not worn.

Nil by mouth times/ fasting instructions

If you are asked to come to Level 7 for 07.30am please follow the instruction below:

- No food must be eaten after **midnight** (the night before the operation). NB milk, fruit juice, fizzy drinks and chewing gum are classified as foods.
- CLEAR FLUIDS, such as water and dilute-to-taste squash may be drunk until **06:30am**. Nothing must be consumed after this time.

If you are asked to come to Level 7 for 12.00pm/midday please follow the instructions below:

- No food must be eaten after **07.30am**. A light breakfast is recommended. NB milk, fruit juice, fizzy drinks and chewing gum are classified as foods.
- CLEAR FLUIDS, such as water and dilute-to-taste squash may be drunk until **11.30am**. Nothing must be consumed after this time.

You will see your child's allocated nurse, the surgeon and the anaesthetist soon after arrival on the ward.

One parent can accompany their child to the anaesthetic room, and remain there, with the nurse until the child is asleep.

Once your child is asleep, the nurse will accompany you back to the ward.

Once your child has passed the recovery criteria the nurse and yourself will be able to collect from recovery and return to the ward to recover and go home.

We provide a snack box for your child, for which they complete an order form during pre-assessment.

We have a parents room which has tea and coffee making facilities. We provide tea, coffee, sugar and milk and ask for a donation of 50p, we also have a hospital restaurant and Costa coffee shop on site.

If you have any worries or queries, please call us; our extension number is 2381.

We look forward to meeting you on Level 7.

For further advice please contact:

The Royal Alexandra Children's Hospital
Eastern Road
Brighton, BN2 5BE

Tel: 01273 696955

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Paediatric Day Case

If you do not understand this leaflet, we can arrange for an interpreter.

إذا كنت لا تستطيع فهم محتويات هذه النشرة فيمكننا عمل الترتيبات لتوفير مترجم شفوي لك.

এই প্রচারপুস্তিকাটি যদি আপনি বুঝতে না পারেন, তবে আপনার জন্য আমরা একজন অনুবাদকের ব্যবস্থা করে দিতে পারি।

如你不明白本單張的內容，我們可安排口譯員服務。

如你不明白本傳單的內容，我們可安排口譯員服務。

اگر مندرجات این جزوه را نمیفهمید، ما می‌توانیم مترجم در اختیارتان بگذاریم.

Jeśli masz trudności w zrozumieniu tej ulotki, możemy zorganizować tłumacza.

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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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Brighton and Sussex 
University Hospitals
NHS Trust

Department of Paediatric Day Case Surgery



Welcome to our unit

This Leaflet provides information for patients and parents about coming into our unit for day surgery.

Patient's name _____

Operation date _____

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alex