

When to seek urgent advice

- Please call your GP, 111 or return to A&E if you experience chest pain, become breathless or cough up blood.

Support

- For general medical advice please use the NHS website www.nhs.uk, the NHS 111 phone line, or your GP.
- There are walk-in and urgent treatment services at Brighton Station, in Crawley and at Lewes Victoria Hospital.
www.bsuh.nhs.uk/services/ae/



**Brighton and Sussex
University Hospitals**
NHS Trust

Deep Vein Thrombosis (DVT) Advice for patients seen in the Emergency Department

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Disclaimer: The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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Emergency Department

Royal Sussex County Hospital
Level 5, Thomas Kemp Tower,
Eastern Road, Brighton BN2 5BE
01273 696955 extn. 64261

Princess Royal Hospital
Lewes Road, Haywards Heath RH16 4EX
01444 448745

www.bsuh.nhs.uk

Overview

- You are being investigated to see if there is a blood clot in your leg, also known as a deep vein thrombosis (DVT).
- Blood clots can cause leg pain, swelling and redness. Clots can be seen on ultrasound scans if they have formed above your knee.
- Depending on your circumstances, we may begin treating you for a clot before we have the results of your scan. This is to decrease the risk of complications such as growth of the clot or movement of the clot to other parts of the body such as the lungs

Working and driving

- If you have a blood clot in your leg, there is a risk it could become dislodged and move to your lungs causing you to collapse unexpectedly. Please do not drive or work until results of the scan are known.

What to expect

Scan today:

- You may be given a dose of an anticoagulant (blood thinning) medication. If an ultrasound can be performed today we may be able to tell you the time of the scan, so you can come back for it. Or we may try and fit you in around the other scans that are already booked in, which means you need to be waiting nearby so that the X-ray team can find you.

Scan tomorrow:

- You may be given a dose of an anticoagulant (blood thinning) medication before you go home. The xray (radiology) reception will phone you with a time for your scan or alternatively we may be able to give you the time of your scan before you leave.
- After you have had your scan please come to our ambulatory care area (EACU at RSCH or RAMU at PRH) where a doctor will review your results with you and coordinate further care.
- If you do not receive a time for your scan, please call RSCH: 01273 696955 Ext. 4242 or PRH: 01444 441881 and ask switchboard to connect you to the xray reception.

Review in ambulatory care

- At Royal Sussex County Hospital, go to EACU on level 5 of the Thomas Kemp tower (the same floor as A&E). The entrance is next to the WRVS coffee and snack shop and the Acute Medical Unit. 01273 696955 Ext. 64002 (weekdays 8am - 10pm, weekends 8am – 8pm)
- At Princess Royal Hospital, go to RAMU. RAMU is located next to A&E. 01444 441881 Ext. 8557 (weekdays & weekends 8am – 8.30pm)
- VTE specialist nurse number (RSCH) 01273 696955 extension 4217 (9am-5pm weekdays).
- **Note:** contact numbers and opening times are subject to change. Please call the main hospital telephone numbers if you are not able to get through to the right team.