

# Children's Book Box



## About the 'Children's Book Box'

The 'Children's Book Box' is a mobile resource to help support families to talk to children when an adult close to them has a serious illness.

The idea for 'Children's Book Box' came from the many parents and grandparents who asked us: "How do I tell the children?" This resource aims to encourage parents/carers to develop their own skill in talking to their children. We also want to ensure that each child has a voice in such a significant family event. Please speak to a member of staff for more information.

## What is in the 'Children's Book Box'?

### Folder contents

The following leaflets can also be downloaded from [www.macmillan.org.uk/information-and-support/coping/talking-about-cancer/talking-to-children](http://www.macmillan.org.uk/information-and-support/coping/talking-about-cancer/talking-to-children)

**'Telling your children you have cancer'**

**'Explaining cancer to children'**

**'When children need help'**

**'Memory box'**

**'Understanding and reactions at different ages'.**

Other helpful books (not directly about dying).

**Books for children under the age of 5 - Winston's Wish**

**Books for 5 to 8 years - Winston's Wish**

**Books for 9 to 12 years - Winston's Wish**

**Books for 13 to 16 years - Winston's Wish**

**Books for families when someone is seriously ill**

**Rip Rap** – contact cards

(When a parent has cancer) [www.riprap.org.uk](http://www.riprap.org.uk)

**Stepping Stone Cards**

(Dear friend, to my teacher, to my parent/carer)

## Colouring activities

**Book box logo**

### The Books:

‘**The huge bag of worries**’ by Virginia Ironside

‘**No matter what**’ by Debi Gliori

‘**The secret C**’ by Julie Stokes OBE

‘**I’m worried**’ by Brian Moses and Mike Gordon

‘**The lonely tree**’ by Nicholas Halliday

‘**Mummy’s lump**’ by Gillian Forrest (Breast cancer care)

‘**As big as it gets**’ - Winstons Wish

‘**There’s no such thing as a dragon**’ by Jack Kent

‘**When your Mum or Dad has cancer**’ by Ann Couldrick

‘**Talking to children when an adult has cancer**’ Macmillan  
Cancer Support

‘**Lets talk about you**’ [for young carers] - Macmillan Cancer Support

‘**The Invisible String**’ by Patricia Karst

‘**Sad Book**’ by Michael Rose

‘**A Monster Calls**’ by Patrick Ness

‘**My Parent has Cancer and it Really Sucks**’ by Maya and Marc Silver

## Current Book Box Locations

### Sussex Cancer Centre

Haematology/Oncology Ward - RSCH

Chemotherapy Suite - RSCH and PRH

Level 8A West - RSCH

PRH Outpatients Department

Specialist Palliative Care Team - RSCH

Level 9 Digestive diseases - RSCH

Urology department - RSCH

ITU - RSCH



## Contacts

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#### Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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