Children’s Book Box

Information for relatives and carers
About the ‘Children’s Book Box’

The ‘Children’s Book Box’ is a mobile resource to help support families to talk to children when an adult close to them has a serious illness.

The idea for ‘Children’s Book Box’ came from the many parents and grandparents who asked us: “How do I tell the children?” This resource aims to encourage parents/carers to develop their own skill in talking to their children. We also want to ensure that each child has a voice in such a significant family event. Please speak to a member of staff for more information.

What is in the ‘Children’s Book Box’?

Folder contents

The following leaflets can also be downloaded from www.macmillan.org.uk/information-and-support/coping/talking-about-cancer/talking-to-children

‘Telling your children you have cancer’
‘Explaining cancer to children’
‘When children need help’
‘Memory box’
‘Understanding and reactions at different ages’.

Other helpful books (not directly about dying).

Books for children under the age of 5 - Winston’s Wish
Books for 5 to 8 years - Winston’s Wish
Books for 9 to 12 years - Winston’s Wish
Books for 13 to 16 years - Winston’s Wish
Books for families when someone is seriously ill
Rip Rap – contact cards
(When a parent has cancer) www.riprap.org.uk

Stepping Stone Cards
(Dear friend, to my teacher, to my parent/carer)

Colouring activities

Book box logo

The Books:

`The huge bag of worries` by Virginia Ironside
`No matter what` by Debi Gliori
`The secret C` by Julie Stokes OBE
`I`m worried` by Brian Moses and Mike Gordon
`The lonely tree` by Nicholas Halliday
`Mummy`s lump` by Gillian Forrest (Breast cancer care)
`As big as it gets` - Winstons Wish
`There`s no such thing as a dragon` by Jack Kent
`When your Mum or Dad has cancer` by Ann Couldrick
`Talking to children when an adult has cancer` Macmillan Cancer Support
`Lets talk about you` [for young carers] - Macmillan Cancer Support
`The Invisible String` by Patricia Karst
`Sad Book` by Michael Rose
`A Monster Calls` by Patrick Ness
`My Parent has Cancer and it Really Sucks` by Maya and Marc Silver
Current Book Box Locations

Sussex Cancer Centre
Haematology/Oncology Ward - RSCH
Chemotherapy Suite - RSCH and PRH
Level 8A West - RSCH
PRH Outpatients Department
Specialist Palliative Care Team - RSCH
Level 9 Digestive diseases - RSCH
Urology department - RSCH
ITU - RSCH

Contacts

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