



Brighton and Sussex
University Hospitals
NHS Trust

Friday 30 October 2020
www.bsuh.nhs.uk/buzz

BUZZ



NHS Staff Survey - Have your say to win today!

We are in the last month for you to have your say in the [NHS Staff Survey](#) and so far 43% of staff have participated. Your feedback will remain confidential and ensures we can continue to learn and improve. The survey will have been emailed to you from survey@qualityhealth.co.uk, however, you can also complete the survey confidentially over the phone through the Quality Health helpline: 0800 783 1775. There is a translation service available if you require one. Please take 10-15 minutes to have your say.

Congratulations to Elizabeth Bevins and Deborah Mousell, who have completed the Survey and been selected at random to receive £25 Amazon vouchers as part of the weekly draw. Make sure you complete yours to be in the running before the deadline of **27 November!** Teams who have a 100% completion rate will also receive a prize. We caught up with Elizabeth to ask why she thought the survey was important:

Why do you think the staff survey is important?

I think we are lucky to have the opportunity to highlight our views and opinions of the Trust – the good, the bad & the ugly! I'd really encourage those who haven't yet completed to do so – have your say. You never know, you could win a prize too 😊

What will you spend the voucher on?

We are currently doing our living room up so I think I will put the voucher towards one of my favourite things – cushions.



LAST MONTH TO HAVE YOUR SAY! 28 SEPT - 27 NOV

On your phone open your web browser and go to www.nhs.net.

Open the email from survey@qualityhealth.co.uk & have your say!

Or call **0800 783 1775** to complete the survey confidentially with Quality Health.



Nurse receives BAME 'Making a difference Award' for supporting staff through COVID

As we approach the end of Black History Month we are delighted to share that Practice Development Nurse Ferdinand has been presented with the South East Royal College of Nursing Black History Month 'Making a Difference Award'. This is testament to his passion and drive to address the inequalities in nursing for BAME staff.

Nominated by his colleague Joanna Holland, Ferdinand has been with the Trust for 20 years and currently works in the Sussex Kidney Unit as the Renal Educator. He recently joined the South East

Royal College of Nursing branch with a diversity remit, and has been attending Royal College of Nursing events to share his understanding of working in the NHS as a BAME staff member.

Speaking about his nomination, Joanna said: “Ferdinand goes above and beyond to ensure that his team have the knowledge and understanding to deliver high quality care in a compassionate manner. He is kind, approachable, caring and good fun to work alongside. He is an advocate for supporting the careers of Black, Asian and Minority Ethnic (BAME) colleagues, especially supporting staff seeking promotion. During Covid-19 he helped colleagues to understand the fears that BAME staff have working in nursing, and supported our Trust to ensure risk assessments were carried out on those staff most at risk.”



Ferdinand was surprised and extremely pleased to receive the award, which he says is the only thing he has won except for the lottery! [Watch a video with Ferdinand chatting about his award.](#)

Over the past year we have made a number of differences to the way we support our BAME staff in response to colleague feedback, from introducing [BAME COVID-19 Support Volunteers](#), to listening to concerns and providing advice and guidance through COVID, to the launch of the new BAME staff network, SOAR. To find out more, please get in touch with [Barbara Harris](#) and follow the [Inclusion group](#) on Workplace.

Cancer and Haematology research team celebrate a successful year of research

The Cancer and Haematology research team and all staff involved in research for the department took a break to enjoy some cake and reflect on a successful year for research.

Thanks to their hard work, 561 patients were recruited to studies in the cancer portfolio - an increase of 117 on the previous year and well in excess of the target set.



The research conducted is diverse, from observational questionnaire studies examining the impact on the quality of life following new interventions, to early phase clinical trials.

Between March and September a majority of the usual clinical research conducted at BSUH were paused as attention focused on infection and COVID trials. Although usual business has now resumed for the team, COVID research remains a priority. Well done to the Cancer and Haematology team - watch this space to learn more about the work of our research teams in the coming weeks.

Virtual improvement huddles keep cardiac team ticking

When the pandemic was at its height, the team in Cardiac Investigations led by Caroline New Jackson needed to make quick changes to adapt their service, which they could capture and track through an online tool as they could no longer meet face to face. Caroline developed a virtual PFIS board in an online tool called *Trello* using the same format as the Oncology team. It includes the ability to raise tickets/issues, report on progress and act or escalate – ensuring improvements can continue to be made without delay.

Caroline said: "The improvement huddles have always been beneficial, but particularly during the COVID peak as we experienced lots of changes to the way we provided our service. Finding a solution to help us manage improvements has really helped to maintain momentum and a sense of team as we work together to identify and address issues." [Read the full story on info-net \[link\]](#)

If you have a Patient First success story – we want to hear about it! Email bsuh.communications@nhs.net

Winter is coming - get your flu jab!

Flu vaccination continues to be a focus this week as the days get shorter and winter sets in.

Our flu vaccinators have administered over 4500 jobs to staff – a record breaking number compared to previous years. If you have questions about the jab or are wondering why it's so important, read up on the facts →

Congrats to our two prize draw winners June Hamon and Jason Austria who were entered into a prize draw for having their flu jabs in the first two weeks of the campaign. More winners will be selected until mid-November, you could be one of them!



Go to [Info-net](#) to find out who your workplace vaccinator is or book your job online – more slots are now available throughout November <https://www.picktime.com/BSUHbookablestaff/uclinics>

BSUH Charity update

Did you know there is a special group of staff that work with the BSUH Charity team to help raise awareness and funds for their areas? These staff are called **Charity Champions**, and they play an important role to help improve their wards and departments.

Charity Champions serve as an internal voice for BSUH Charity, sharing activities and events with staff and patients. They link grateful patients to the charity team, often resulting in donations and fundraising for their area. These donations are then used to fund additional needs of the department, such as state-of-the-art equipment or specialty training for team members.

If you would like more information about Charity Champions, or would like to join this incredible group of staff, please get in touch with the charity team on BSUH.Charity@nhs.net or 01273 664708. We would love to work with you to help your area!

Why it's important to get your flu jab:

1. If you're a frontline worker in the NHS, you're more likely to be exposed to flu.
2. Catching flu can be serious. On average more than 11,000 people die each year from flu. Some years it's much more and many more are hospitalised every year.
3. You can have flu without any symptoms and pass it on to family, friends and patients, many of whom may be at increased risk from flu.
4. Being healthy doesn't reduce your risk of getting flu or passing it on.
5. With COVID-19 in circulation, it's more important than ever to stop the spread of flu and reduce pressure on the NHS.



"If we weren't already aware, 2020 has really taught us the value of vaccines! The flu vaccine is a great way to help yourself and the people you love, patients you care for and colleagues you work with to stay healthy this winter."

- Mel Armstrong
Practice Development Senior Sister and flu vaccinator

**PROTECTS
YOU, YOUR FAMILY
AND PATIENTS
FROM THE FLU**

Search for 'flu' on [Info-net](#) to find out more



Did you miss?



Huge thank you to @BSUH_NHS Princess Royal midwifery team for delivering our little girl.

Special thanks to Chloe, our midwife, on your 100th delivery. I was in awe of your calmness and confidence, under such pressure. You were awesome 🌟

@wshtchiefexec @maggiedavies @TeamCMidO



3:09 PM · 1

Thank you to your wonderful staff at the CT scan department yesterday making me feel valuable and cared for. It was a treat to meet you all. ❤️❤️❤️



BSUH NHS · @BSUH_NHS · Oct 23
Well done Orlando - Student Nurse of the Year nominee! #ProudToBeBSUH

Acute Floor PRH · @AcuteFloorPRH · Oct 22

Well done & Congratulations to NQN Orlando, that has recently joined the @AcuteFloorPRH rotation programme (currently on #PyecombeWard), for his nomination for the Students Nursing Times Awards as Nurse Student of the Year (Adults). Results and virtual ceremony next Tuesday 27th

Show this thread



12

Brighton & Sussex NHS Library & Knowledge Service
@BrightonSix_LKS
Wishing all our library users here at the AEB library a happy and safe Halloween this weekend.



Brighton and Sussex Maternity
@BSUH_maternity

Thank you Midwife Chloe for our latest BSUH homebirth stats!
Interested in seeing all our BSUH hospital and homebirth statistics in one place? They are saved in our highlights at the top of our instagram page.
instagram.com/stories/highli...

BSUH HOME BIRTHS
SEPTEMBER 2020



Health & Wellbeing

Caring for our staff who care for our patients

Pamper hampers brighten the week

This week pamper hampers have been distributed to wards, housekeeping, hospitality services and estates colleagues thanks to a generous donation from the Blue Light Card Company. The Health and Wellbeing and BSUH Charity Team joined forces with the Senior Nursing Team to pack up and coordinate distribution of around 200 hampers containing a variety of toiletries and biscuits.

Emma Griffiths, rota administrator for ITU commented; "The quality of the items is fantastic and they will really lift everyone's spirits. What a treat and a nice surprise!"



Notices, links and resources

- **AVOIS Thank you NHS** - Be in with a chance to win 60,000 Avios points to use for days out, experiences, car hire, online shopping and more. To enter for the draw please complete this form: <https://www.bsuhs.nhs.uk/avios-covid-thank-you-points/>
- **FREE Yoga classes at PRH** - [sign up today](#)
- **Star of the month** – do you have a colleague who goes above and beyond in their role? [Nominate them for a Star of the Month award](#)
- **Have you heard about HELP?**
The Health Employee Learning and Psychotherapy (HELP) service provides staff with confidential support, counselling and psychotherapy for a range of issues. [Find out more about what's available on info-net](#)
- **BSUH Staff Wellbeing** – from discounts, to emotional, mental and physical support – go to bsuhwellbeing.nhs.uk
- Thank you to all staff who took part in the Induction Survey, your feedback will help to make positive changes to inductions in the future – [read more](#)