

BUZZ



BSUH becomes accredited Endometriosis Centre

The Endometriosis team are celebrating this week after The British Society for Gynaecological Endoscopy (BGSE) announced BSUH as an accredited Endometriosis Centre, which will have a range of benefits for patients.

Dr. Rebecca Mallick, who is a consultant gynaecologist said: "It is a real achievement and was a huge team effort to become an accredited BSGE endometriosis centre, especially during COVID times. It's really great news for the department and even more so with all the challenges that it has thrown.

"We registered as a provisional centre at the beginning of 2020 and had 12 months to meet all the criteria to become a fully recognised centre. This is great news for our local patients and we will now accept tertiary referrals from other trusts too. We are the only accredited endometriosis centre in Sussex."

To become an accredited centre, services have to meet a number of criteria such as performing at least 12 severe endometriosis cases per year, being part of a national database, having a dedicated endometriosis team and holding regular multidisciplinary team meetings and clinics.

What this means for patients

The service can now offer patients the whole range of endometriosis treatments including detailed imaging and specialist advanced surgery in house, and the team are now looking to expand and develop further links with neighboring trusts and community pain services.

The team are made up of Specialist Endometriosis Nurse - Rebecca Bystry, Gynaecologist - Rebecca Mallick, Colorectal surgeon - Jeremy Clark, Urologist - Charles Coker and Specialist radiologists Faye Cuthbert and Jonathon Richenberg. You can read more at www.bsge.org.uk/centre/ and for more information about the service contact bsuh.endometriosis.nurse@nhs.net.

BSUH volunteers and St John Ambulance's invaluable contribution

Teams and departments at BSUH have received an overwhelming amount of support from organisations and communities outside of the Trust since the pandemic began. From donations to



BSUH Charity, food and refreshments delivered to our teams and even help with car parking, the response has been an incredible boost for staff on the frontline.

BSUH has over 400 regular volunteers, many of whom have had to pause their duties for the duration of the pandemic. David Rochester joined the voluntary services in 2010 and is just one of our volunteers who has continued to make a difference during the pandemic. David, who usually works on elderly care wards at Princes Royal Hospital, has recently been lending a hand on various other wards as well as running the sanitising station in the main entrance of the hospital.



Volunteers have also helped to deliver PPE, packed treat boxes for staff, delivered medication for the Pharmacy, made wellbeing calls to discharged patients, manned department reception desks and welcomed patients outside the Urgent Care Centre. Julie Wiseman, Trust Voluntary Services Manager said:

"This year has been a year like no other and I am thrilled that our volunteers at BSUH rose to the challenge, embraced change and rallied to support the Trust. We couldn't be more proud of them, they are truly in a class of their own."

12,000 hours of support from St John Ambulance volunteers

In addition to the support of our own volunteers, 48 St John Ambulance volunteers have been supporting our Emergency Departments at the Princess Royal and the Royal Sussex County in Brighton since May. The volunteers have contributed over 12,000 hours of support to frontline teams in 2020 and have made valuable contributions in the departments by taking observations, helping patients, cleaning equipment and restocking when departments have been at their busiest.

Many St John Ambulance volunteers are now undergoing training to help administer COVID-19 vaccines to the community. You can find out more on the [BBC news feature online here](#).



Military personnel join the ranks of hospital porters

Alongside the ongoing support of St John Ambulance, military personnel from the 12th and 16th Royal Artillery regiment arrived in Brighton on Wednesday (20 January) to help Estates and Facilities teams with portering duties.

Our team of approximately 110 porters at The County is responsible for the smooth running of all hospital services from moving patients, managing waste, delivering pharmacy products and ensuring departments have the vital equipment they need to care for the number of patients in the hospital.



Terece Walters, Clinical Director of Facilities and Engineering, said: "We're thrilled to welcome the British Army to join our services at The County hospital. Porters provide a crucial service to every aspect of the hospital. Their support will be invaluable to our teams who play an important role in keeping the hospital running."

We're looking forward to more joining us to support porters and other crucial teams in the near future. This initiative is just one of many ways that the Trust continues to work alongside the Armed Forces. Regular Army Qualified nurses are based at the Royal Sussex County Hospital in order to gain specialist skills alongside their military roles. The Military Nurses, who are studying at the University of Brighton for specialist courses have been working in the emergency and critical care departments at The County since the start of the pandemic.

Star of the Month winner awarded for her dedication and compassion

Congratulations to healthcare assistant Deborah Burnage, for her Star of the Month win! Debbie was nominated by a colleague for wonderful patient care, the nomination said:

"Debbie had been working with oncology patients on Courtyard Level 8 prior to this pandemic. From then her ward was taken over by patients with Covid. She adapted brilliantly. However, her care shone through when we had a young oncology patient admitted. Her wonderful skills and experience were noticed not only by me, but obviously by the patient. He spoke to her about his final wishes concerning his family and other issues he had. She stayed late from her shift to ensure that the patient's wishes were met, and that she would be the one to contact his wife and to tell her to come visit with his dad. It was just so wonderful and touching to see first-hand her dedication and compassion that I felt compelled to nominate Deb for this award."



Debbie (centre) was presented with her award by Thomas Osborne and Margaret Flynn (pictured). Congratulations Debbie! If you want to nominate a colleague for Star of the Month just [complete the nomination form here](#). Deadline for January nominations is 31st Jan.

Housekeeping Deep Dive Project

The BSUH housekeeping team are implementing improvements to their services which will see a better, more efficient service for all wards and departments. During a period of engagement and fact finding, known as the Deep Dive Project, the team collected feedback to gain an understanding of how they can improve the services, as well as support the wellbeing of their team.

Each area will have a first point of contact, their Assistant Duty Manager (ADM), who they can contact with any questions and escalate any issues, while revised zones have been introduced and reduced in size which means housekeeping managers will be able to focus more on their dedicated areas and will improve visibility in their departments.

Look out for updates to the housekeeping communication boards in your ward/department which will tell you who the ADM is for your area and how to contact them, coming soon. What's more, we'll be sharing more news from the housekeeping team in the coming weeks, look out for some team profiles in Buzz and on Workplace.

Official opening of the Heroes' Lounge at PRH

Health & Wellbeing
Caring for our staff who care for our patients



This week saw the official opening of the PRH Heroes' lounge which was opened by Sarah Tasker, Director of BSUH Charity, and Faye Heffernan, Engagement, Health and Wellbeing Manager.

The staff room was funded by generous donations to the BSUH Charity 'Help BSUH Hospitals Covid-19' campaign. Sarah said: "We are absolutely thrilled to be able to open this space for the amazing staff here. There was an outpouring of community support for this campaign, and to see it being brought to life like this is wonderful. The decision to spend the money on a communal staff room was taken following a staff survey on how charitable donations could be best spent, and we are so pleased that this is the outcome."





Staff have been making the most of the space, using the comfy sofas for a quick break or the tables to eat their lunch. Work will now start on the new staff room at The County, as we continue to work to improve existing staff rooms and create more outdoor seating facilities across sites.

Chief Nurse Carolyn Morris said: "I am so pleased that the Heroes' Lounge communal staff room is officially now open. In such difficult times, it is so important for staff to have a calm place to go, to sit down and rest, to get their thoughts together, and have a few moments of comfort. I really hope staff are able to enjoy the room, and as always, I thank you all for your tireless efforts to help our patients."

Notices, events and quick links:

- **Vaccination station** - Everything you need to know about getting your COVID vaccination. Haven't had your first jab yet? Book now via the online booking portal. [Find out on Infonet](#)
- **COVID-19 and the Vaccine Seminar,**
11 February 5pm – 7 pm – A seminar for BAME staff health held by the NHS Race and Health Observatory [join the seminar here](#) and please share with BAME colleagues who might be interested
- **British Sign Language (BSL)** users you can now make contact with all our wards and departments using SignLive. Watch a short video to [find out more](#)
- **Health and Wellbeing** – support is available for all BSUH staff, [click here to download a copy of the Health and Wellbeing support poster below](#)

Health & Wellbeing
Caring for our staff who care for our patients



mental wellbeing during COVID
Help when you need it...

team support

- Help Service facilitated COVID debrief
- Welfare appraisals
- Schwartz Rounds and Team Talks

♥ Contact [Help team \(63692\)](#) to organise team debrief

♥ Speak to your line manager

♥ Contact [Carrie Weller](#) to request Schwartz Rounds or Team Talk

time out

- Relax at PRH Heroes' Lounge (HL)
- Project Wingman @ HL - Decompress with a chat to volunteer airline crew
- Use the free wellbeing and meditation apps for NHS staff
- Take a walk or try a free fitness class

♥ [Health & Wellbeing benefits on Info-net](#)

♥ [www.projectwingman.co.uk](#)

♥ [www.Fit4theflight.org](#)

external

- Staff in Mind - Confidential wellbeing support Hub for Sussex NHS staff
- NHS support line run by Samaritans
- BMA Helpline

♥ [www.sussexstaffinmind.nhs.uk](#)

♥ [NHS helpline - 0800 069 6222 \(7am - 11pm 7 days a week\)](#)

♥ [www.bma.org.uk/ 0300 123 1233](#)

networks

- BAME volunteers - Providing support and guidance for BAME staff
- BSUH chaplains - Helping to promote positive wellbeing for all faiths
- Staff networks - Meet like-minded colleagues, access support and share issues affecting you

♥ Search BAME volunteers on [Info-net](#)

♥ Contact Revd [Joanna Elliott \(64122\)](#)

♥ Visit mental wellbeing pages on [Info-net](#) for network details

services

- HELP service - Provides confidential support, counselling and psychotherapy
- Vivup - 24/7 helpline for BSUH staff and online resources
- Connections - Listening service run by Health & Wellbeing team

♥ [HELP service](#) - Visit mental wellbeing pages on Info-net for details

♥ [Vivup](#) - 03303 800658 (available 24/7) / [www.vivupbenefits.co.uk](#)

♥ [Connections](#) - Contact bsuh.connections@nhs.net / 67452 to book appt

Merger update

Please share the following merger news with your teams and discuss this week's merger themes in meetings and huddles, wherever appropriate. This information should also be printed and added to staff notice boards.

NHS

University Hospitals Sussex
NHS Foundation Trust

Merger remains on track to take place 1 April 2021

Subject to approvals, the new trust will exist from 1 April 2021. To support delivery of frontline care, prior to this date we have agreed to only change what we need to, such as establishing a new executive structure and board committees (see below), as well as new registration with regulators, confirming new name and recruiting new Foundation Trust members from the BSUH area.

Engagement on new clinical operating model

There will be no change to existing clinical operating models before Autumn 2021. The size and scope of the new trust means a simple merger of the current divisions at WSHT with the divisions at BSUH, into a similar (but bigger) structure will not work. An engagement and design process, taking account of clinical strategy development, will run from March through to June, ahead of any formal consultation and changes.

New corporate operating model for April 2022

The spine of the organisation will be the new clinical operating model with services integrated, and led at appropriate divisional level. Work is ongoing to develop the best corporate operating model and substructures that will align to new executive team portfolios. Changes will be fully implemented by April 2022, where appropriate and possible.

New executive structure



A number of appointments have been made into the new trust's executive team, including Marianne Griffiths, Pete Landstrom, Karen Geoghegan, George Findlay, Maggie Davies, Carolyn Maurice and Denise Farmer, as pictured above.

The new structure includes the introduction of three new positions, including a new Chief of Clinical Transformation who will support the trust's service transformation ambitions.

The Chief Nursing Officer position is filled by two whole-time equivalent post-holders, recognising the breadth of the existing professional portfolios in leading the nursing, midwifery and AHP workforce, the patient safety agenda, and the need to retain focus on patient experience. The CNO will also be responsible for risk management services, both clinical and non-clinical, and Estates and Facilities services.

Operational management is strengthened at board level with the introduction of two Managing Director posts, accountable to the CEO for operational delivery of services across the large trust.

Meanwhile, the Chief Culture and OD post is an 18-month fixed term role, designed to support organisational and leadership development, as well as a new integrated education strategy to create greater opportunities for staff.

Board committees place Patient First at heart of trust

In addition to the three board committees required by the NHS Act 2006, five Patient First committees will embed and align the True North domains into heart of the new organisation. From ward to board, the strategic themes of Patient, Quality, People, Sustainability, and Systems and Partnerships, will guide continuous improvement in the new trust.

