1. Electronic Observations now live at BSUH

To ensure better detection of deteriorating patients, we are implementing Patientrack as our electronic observations (eObs) solution. This replaces the paper process of recording vital signs such as temperature, heart rate etc. which then automatically calculates the National Early Warning Score (NEWS).

The IT team is excited to announce we have successfully gone live in our first ward, Chichester as of 8 July. Since then more than 900 sets of observations have been taken using iPads with the information being shown in real time on a ward screen.

The eObs solution has shown to improve patient safety and care by planning and performing patient observations, assessments and clinical documentation at the bedside. This ensures the early detection of, and timely clinical response to deteriorating patients. The solution will also allow improved collaboration and communication across inter-professional teams as well as supporting tiered response to deteriorating patients, outreach, MET and other services.

“This is new to the nurses so taking time to get used to but you can now see deteriorating patients easily and it makes sure observations are taken on time”, said Becky Barnes, Chichester Ward Manager.

The deployment will continue in the Barry Building at RSCH with Jowers ward next to benefit from eObs.

More information:

Patientrack relies on up to date Medway information. Admission, Discharge and Transfers (Real time bed state) must be kept up to date 24/7. This means all staff should have access and be able to undertake these tasks in Medway. There is now an e-learning module in Iris to ensure this can be achieved before Patientrack goes live in your area. You can access this via the following link:


For further details on the eObs project, including the rollout plan and links to training, you can visit the IT Project pages here: www.bsuh.nhs.uk/working-here/it/projects/patientrack/

2. Lanyards and pin badges get positive feedback

NHS rainbow pin badges and lanyards were launched in October 2018. To date, 3,250 lanyards and 2,000 NHS rainbow pins have been distributed. Staff have opted-in to wearing the items with considerable enthusiasm, care, compassion and a willingness to learn about improving inclusion in the Trust. This is a project is run by the BSUH Equality, Diversity and Inclusion team and has been supported by the Royal College of Nursing, UNISON and UNITE. In addition, it has been covered in the local press.

The project was launched to improve the experiences of patients and staff at BSUH (a service and operational objective) by:
• demonstrating visible inclusion in spaces that privilege heteronormative assumptions, priorities and views by offering rainbow lanyards, pin badges, posters and flyers, listening tables at different areas in the hospital, online resources and posters;

• improving understanding and knowledge about health and wellbeing of LGBTQ+ staff, patients & stakeholders and their friends/families/alleys by offering gender and sexual diversities training and workshops to anyone requesting it.

“We wanted to address LGBTQ+ inclusion for allies, LGBTQ+ people, the local community and other stakeholders,” said Equality and Inclusion Advisor, Olivia King. “The exclusion of LGBTQ+ people demonstrably contributes to health inequalities and low wellbeing at work. It also contributes to health inequalities in the LGBTQ+ population.”

Gender and Sexual Diversities training, workshops and awareness

We are the only Trust in the country to offer in-house gender and sexual diversities training. It was developed by Olivia King who has considerable experience working as a volunteer with the local LGBTQ+ population and national LGBTQ+ organisations and has gone through training/learning from GIKES, Stonewall, The Open University and others. Olivia delivers the training and workshops to any team, groups of staff or directorates who request it. She also offers the training to community providers who work closely with the hospital. Inclusion of any kind is a process that takes time to build in organisations and this training helps everyone regardless of gender identity or sexual orientation. Contact Olivia.King6@nhs.net if you want to book training for your team. Small groups are welcome.

We listen and value your feedback

We are the only Trust in the country that is collecting quantitative and qualitative information about the NHS rainbow lanyards and pin badges project to inform next steps in our vital work on inclusion, assess the impact of the project itself and address the current lack of data around LGBTQ+ inclusion and patient experience. If you haven’t provided feedback, then please do so at https://forms.gle/GrLHC59KVVwYkrfr6

So far, 500+ staff, patients, visitors, medical students and other stakeholders have provided feedback and the overwhelming majority has been positive. Quotes include:

… it is an excellent initiative - it's such a clear signal that staff are open and supportive. It doesn't matter whether the wearer is LGBTQ+ or not - and that's quite a good thing as it makes the scheme applicable to allies as well as those in the community. (Staff)

As part of the LGBTQ+ community, I feel safe and accepted when I see how many members of staff support the community. (Patient)

All resources and further information about the project can be found on www.equalityhub.org.

3. Best of luck to Fabienne at the Muller Anniversary Games

Fabienne Andre is a Physiotherapy Technical Instructor at RSCH, BGH and Hove Polyclinic working in the Outpatient Physiotherapy Department.

Fabienne competed in the Cerebral Palsy World Games in August 2018 as a swimmer, winning three silvers and a bronze! Keen to keep up her success and try a new sport, she recently started competing in wheelchair racing.

This weekend, 20 and 21 July, Fabienne will be at the Muller Anniversary Games (Diamond League) after being selected by British Athletics to compete in the 100m wheelchair racing event for T33 and 34 classification (for athletes with neurological conditions such as Cerebral Palsy).

“This is a very exciting opportunity for me,” says Fabienne. “I am very grateful for the support my colleagues and department has given me as my sporting journey begins in wheelchair racing.”

We wish Fabienne all the best in her race this weekend!
The Muller Anniversary Games will be televised on BBC1 from 1pm on Saturday, 20 July. Tune in to watch coverage and cheer Fabienne on – her race is at 4:03pm.

4. Zumba is coming to BSUH

Run by BSUH senior physiotherapist Natalie Opoku, the first class starts on Thursday 25 July at 5.30 pm at the Kaizen Suite, St Mary’s Hall, Brighton.

“You don’t need to be a great dancer to feel welcome in a Zumba class,” Natalie says. “The classes emphasise moving to the music and having a good time, no rhythm is required. Grooving to the beats of Salsa, reggaeton, merengue, cumbia and flamenco, feels more like a party than a workout, which is exactly what makes Zumba so popular. It’s sociable, it’s inclusive and it’s a laugh, and it’s a great way to relieve stress.”

BSUH Charity update

We do love hearing how small things can make a big difference for patients. Staff from Pyecombe Ward at the Princess Royal certainly look pretty pleased with their new yellow name badges (featured in the Buzz header this week). Donations to BSUH Charity paid for the brightly coloured badges - the black on yellow print is easier for patients on Pyecombe to read.

The team at Park Centre for Breast Care regularly use charitable funds to buy glossy magazines for patients to peruse in their waiting rooms at Preston Park. Lisa Thomas-Brooks is the Breast Care Nurse Team Leader:

"The patients can have to wait a long time in clinic and are anxious and stressed. It's nice to have something to take their mind of the appointment.

"We have patients who say, 'I love coming here, because you have posh magazines!' It's something that we can do that's really nice."

Everyone likes a bit of music for distraction sometimes; BSUH patients are no different and BSUH Charity can help. Beverley Worley a sister at Buckfield Home Dialysis Unit explains why they bought a couple of radios using charitable funds:

"Some patients have to sit here all day. If they do want some music, we can offer them something to listen to. Sometimes they have to come in for tests and treatments that last up to five hours. It just helps to break up the day really."

All proof that small things can make a difference. For information about BSUH Charity and how to support us to share with patients and visitors, get in touch or view how to donate on our website: www.bsuh.nhs.uk/charity/donate/

Did you miss? (posted on info-net over the past week)

- Help shape race equality at BSUH: 19 July
- Heatwave Level 2 Alert for Tues 23 July to Thurs 25 July: 11 July
- STARS Awards 2019 winners and nominees plus photos and videos from the night: 11 July
- NHS Rainbow Badges & Lanyards - Friday 19/July/2019 collect from AEB, 12pm to 2pm: 17 July
- Trans Pride this weekend: 17 July
- Metro Commuter & Intersite Keycards Expiring July: 17 July
- BSUH Parking Permits Expiring 31st July 2019: 17 July
- Transport Bureau Products & Services: 17 July
- Disability Pride thanks for the support: 16 July

Events and training next week

Please see www.bsuh.nhs.uk/news/events-calendar/ for further details of each event. All training events are on http://iris.bsuh.nhs.uk

Trans Pride 2019, 20 July
Medical Appraisal Walk-in Session, 24 July
Zumba Class, 25 July

Follow us at: https://twitter.com/BSUH

Your next Buzz will be published on Friday 26 July 2019.