

BUZZ



BSUH and WSHT merger – have your say

Last week Chief Executive Marianne Griffiths gave an update on the upcoming merger via an all-staff briefing on MS Teams. If you were unable to attend the live briefing you can still watch the update by clicking [this link](#).

Staff across BSUH and WSHT are now being encouraged to complete the merger survey to share their hopes and concerns about the merger and have their say on the future vision, values and name of the new organisation. **Thank you to the 728 staff who have completed the survey so far.**

The survey takes just ten minutes to complete and is accessible on any device with internet access. All responses are completely anonymous. You can find the survey at www.westernsussexhospitals.nhs.uk/merger or www.bsuh.nhs.uk/merger.

Encourage your patients, friends and family to have their say - this week, we also launched a similar survey for patients and people living locally to share their opinions on the proposed merger. The views of our communities are important to us, so please encourage them to take part in the public survey which can also be found on the Trust website: www.bsuh.nhs.uk/merger



Merger

What do you think?



From delivering babies to driving our D&I agenda



Earlier this month, the Equality, Diversity and Inclusion (EDI) team welcomed Senior Midwife Maggie Myatt, who has joined them on secondment for 12 months as the Race Equity Lead and EDI Associate.

Hear from Maggie about her journey to becoming the first BAME Band 7 Labour Ward Coordinator in the Trust and how her interest in advocacy first started. She also shares why she developed the REAL (Recognition, Equity, Advocacy and Leadership) strategy - a one year pilot program which promotes racial equality in healthcare employment and practice through recognition, equity, advocacy and leadership

“I am of mixed heritage. Born in The Gambia to a Gambian mother and White British father, I moved to Brighton with my parents when I was five years old. From a young age I had a keen interest in healthcare and pregnancy, and so it was natural that midwifery would be the right career choice for me.

“It was through my role as a practicing midwife that I was fully able to appreciate the importance of advocacy and using my voice to support people who may not necessarily have a voice or be able to represent themselves in a medical/ healthcare environment.

“As a woman of colour I wanted to use my role and my platform to highlight contemporary issues around BAME healthcare issues and work within the NHS.

“My professional practice allowed me to marry the two interests and create the REAL Strategy to address the key issues from the Workforce Race Equality Standard (WRES) findings with real time clinical issues.”

“It has been the greatest professional honour having my work behind the REAL Strategy recognised by BSUH, the Executive Board and the Equality, Diversity and Inclusion team.

“It is my hope that the REAL Strategy will perform as a platform to provide BAME Champions and Ambassadors, as well as individuals with support across targeted areas within the Trust. And when successful, this will be rolled out to the wider trust.”

Follow Maggie’s progress in her new role on Workplace and more information can be found through the official [Instagram page](#).

The REAL Strategy stands for **Recognition, Equity, Advocacy and Leadership**.



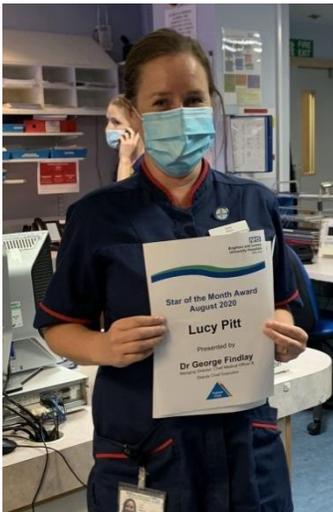
Recognition: What are we doing right or wrong as a specialty/ staffing group to promote the racial equity agenda and best practice?

Equity: How can we make it more equitable for our BAME staff to enhance their career trajectories and meet their career development goals?

Advocacy: Establishing BAME Champions, Ambassadors and Allies in targeted areas who will be able to collaborate with me in supporting BAME colleagues.

Leadership: Establishing more leadership roles and development for BAME staff. Supporting departmental managers and leaders to better understand the race equity agenda.

Star of the Month is Lucy Pitt, Critical Care Matron



Lucy Pitt, Critical Care Matron at The County, is our latest Star of the Month.

Nominated by Lisa Crosby and Katie Eaves, Lucy is recognised for her extraordinary efforts as the hospital responded to COVID-19. Both nominators praise the way Lucy supported and welcomed staff redeployed from other areas to work in Critical Care earlier this year.

Katie, who was redeployed to ICU herself, added: “With Lucy’s leadership the team felt as if it worked really well together and like we were all ‘in it together’, supporting and looking after each other during difficult times. It felt that with her compassionate approach and the way that she got to know each individual that this ensured the team worked well together. The shared vision and goal led by

Lucy was compassionate care of patients in the most difficult of circumstances, whilst ensuring staff were well looked after and supported.”

Lucy wins a £50 voucher and will be entered into the ‘Employee of the Year’ category for the Patient First STAR Awards. Many congratulations Lucy and thank you for all your hard work.



Medical HR team first to complete 100% of staff surveys



Congratulations to our Medical HR team, who became the first in the Trust to have every member of staff complete their NHS Staff Survey. The team enjoyed a prize of a tin of Cadbury Heroes. There’s still time to fill in your survey. It will have arrived on email from survey@qualityhealth.co.uk. You can

access the survey from any device with internet access by visiting www.nhs.net, hitting the “access email” button at the bottom of the page and signing in with your normal username and password.

Happy AHP Day to everyone in our third biggest staff group

Wednesday (14 October) marked Allied Health Professionals (AHPs) Day for everyone working in one of the 14 professions represented by the group.

Across BSUH, we have 570 AHPs including orthoptists, physiotherapists, occupational therapists, speech and language therapists, diagnostic radiotherapists, therapeutic radiographers, dieticians, and operating department practitioners.

Chief Nurse, Carolyn Morrice, said: “Our AHPs are critical to the diagnosis, treatment, support and discharge of our patients. In so many cases, it’s AHPs who help patients recover the skills they need to resume a ‘normal’ life after being hospitalised. As part of our multi-disciplinary teams, they are instrumental in providing care. Much is made of the importance of nurses and doctors, but our AHPs should share equally in that praise.” You can [watch Carolyn’s video to AHPs here](#).



AHPs provide system-wide care to assess, treat, diagnose and discharge patients across social care, housing, education, and independent and voluntary sectors with a focus on prevention and improvement of health and wellbeing to maximise the potential for individuals to live full and active lives within their family circles, social networks, education/training and the workplace.

To celebrate the day, all our AHPs received a reusable water bottle filled with treats from Carolyn Morrice and funded by the BSUH Charity.

Flu campaign off to a flying start

AHPs have joined the ranks of flu vaccinators this year and along with their fellow vaccinators across the Trust, have administered over 2,300 jabs in the first week of the campaign – our best effort yet.

We caught up with two AHPs for National AHP Day, who shared why flu vaccination is important.

Find out who your vaccinator is on [info-net](#) or [book your jab online](#) – more slots are now available.

Only work weekends? Weekend drop-in clinics are being held soon:

- Sat 17 Oct, Trust HQ RSCH, 7.30 – 10am
- Sun 25 Oct, Euan Keat PRH, 7.30 –10am



"I'll be getting my flu jab because it's more important than ever to prevent the spread of flu this year. As a physiotherapist and allied health professional, my role is to help people recover from injury or illness and flu can be very serious for some patients - it's so important to protect them and protect our colleagues."

- Natalie Opoku
Senior MSK Physiotherapist



"I am very proud to be a part of the national flu jab campaign to help protect my hardworking colleagues, which is particularly important this year due to the ongoing pandemic. As a radiographer and AHP, this opportunity has allowed me to expand my clinical skills further and means I can broaden my scope of practice as I progress in my career."

- Lauren Bromley
Radiographer and flu vaccinator



BSUH Charity update

Celebrating milestones and incredible motivation, BSUH Charity would like to thank all of the runners who continued their training and ran their hearts out! Many runners have successfully completed virtual races, raising important funds for the charity.



Zeina Clare, a nurse in training at BSUH, completed the BM10k on Sunday. Zeina has been inspired by coworkers, and said:

“Seeing the incredible work of nurses throughout the pandemic has strengthened my resolve that this is what I want to do. I have friends who worked in Critical Care at the height of the pandemic and was totally blown away by their strength, courage and ability to work always to such high standards despite being mentally and physically exhausted. Running the BM10k this year is ever more important as the charity strives to provide the support hospital staff need now more than ever.”



Running 3 marathons for BSUH Charity, Zingy Thetho has truly gone the distance! Zingy, a 3Ts Change Consultant, was redeployed back to the frontline in March to treat patients with Covid-19 during the first wave of the pandemic. She was featured on the BBC during the London Marathon coverage and is a local hero to all of us in Brighton. Zingy was overjoyed when she completed the London Marathon on the 4th October and has carried on recovering and running ever since.

Health & Wellbeing

Caring for our staff who care for our patients

World Mental Health Day

Saturday 10th October was World Mental Health Day and you can read about the resources available to you in this [Info-net news story](#) and on the [Sussex Partnership #Ten4Ten campaign](#) website.

STOPTOBER – SMOKING

If you need help to quit smoking this Stoptober then you can access smoking cessation advisers at Pharm@Sea on 01273 523 257 for your telephone assessment. Or if you are based at PRH then please contact Mid Sussex Wellbeing on 01444 477191. There is also support and resources available on the [NHS Stoptober website](#).

Notices, links and resources

- **Perfect ward** new training dates announced for 20th and 22nd October – [find more out on info-net](#)
- [Update on Roche supply issues](#)
- [Stop the Pressure Ulcer study day](#)
- [Staff free parking in residential bays in Zone H Brighton at an end](#)
- [Smoking Cessation service update](#)
- [The Big Health and Care conversation](#)
- [Staff Appraisals – message to managers](#)

HAVE YOUR SAY! SHAPE OUR WAY

Staff survey 2020 28 SEP - 27 NOV



Help shape the future Trust to continue to support staff and patients in the best way

Access your survey email on your mobile through your web browser or via the Microsoft Outlook app

