An Introduction to the Multidisciplinary team for urological Cancers

Providing support for patients and their families

in the Department of Urology
Contents

Intoduction 2

Who are the multidisciplinary team? 2

How do we work? 3

Hospital treatment and investigations 3

The role of your clinical nurse specialist also called your key worker 3

Clinical trials 4

Patient held records 4

Improving our service 4

Someone to talk to 5

Other useful sources of support and information 5
We would like to introduce the Multidisciplinary Team (MDT) for urological cancers at Brighton and Sussex University Hospitals. This incorporates The Royal Sussex County hospital, Princess Royal Hospital, The Sussex Cancer Centre and some of the work at Lewes Victoria Hospital.

Urological cancers include cancers of the prostate, bladder, kidney, testes and penis.

**Who are The Multidisciplinary Team?**

The Multidisciplinary Team consists of doctors, nurses, counsellors and other healthcare professionals, who all have specialist training and experience in the diagnosis, care and treatment of urological cancers.

We have listed below some of the people that are in the team caring for you.

**Surgeons:**
- Mr C. Coker
- Mr T. Larner
- Mr P. Thomas
- Mr A. Symes
- Mr J. Nawrocki
- Mr A. Alanbuki

**Clinical nurse specialists/ key workers:**
- Sharon Clayton
- Lisa Hilder

**Radiologists:**
- Dr P. Thompson
- Dr J. Richenburg
- Dr E. Simpson

**Clinical oncologists:**
- Dr A. Robinson
- Dr D. Bloomfield
- Dr P. Savage

**Histopathologists:**
- Dr G. Stockford
- Dr J. Else

**Other clinical nurse specialists:**
- Sally Goodman

**Patient pathway co-ordinator:**
- Tracy Blythe
We work closely together to plan and deliver the most effective treatment and care for each individual patient. This is done in consultation with the patient and their family, and occurs at each stage of care.

If there is anything about your care and treatment that you do not understand please don’t be afraid to ask. We are all here to help.

The Multidisciplinary Team meets on a weekly basis to discuss individual patient treatment and care.

Decisions from the meeting are discussed with the patients by the consultant and/or the clinical nurse specialist (CNS). We are all here to help YOU.

What hospital treatment and investigations will I have?

Depending on your type of cancer, you may receive a single or combination of treatments, which may involve attending hospital as an out-patient, in-patient or a day patient.

Some patients need surgery: Surgery is usually carried out at Princess Royal Hospital although some major surgery is carried out at Eastbourne Hospital.
What is the role of your clinical nurse specialist (also called your key worker)?

Your clinical nurse specialist is also known as you key worker. They take a key role in coordinating your care with different members of the multi-disciplinary team and ensure you have the guidance and support you require. You will meet them around the time of your diagnosis or you will be contacted by them shortly afterwards.

What are clinical trials?

These are research studies, which compare new or different treatments with existing ones. If you are asked to join a clinical trial, you are free to choose whether or not to take part in it. The clinical nurse specialist and specially trained research nurses will provide you with the information you need to make that decision.

Can we improve our service?

We value your views regarding your experience with our services and regularly aim to involve patients and their relatives or carers in reviewing the delivery of care. For this purpose a questionnaire has been developed and you may be asked to participate in a ‘Patient Experience Survey’ at some point during or after your treatment. We intend to use this information to help us identify where patient experiences have been positive and also importantly where further work and improvement is needed.

You may receive one of these questionnaires by post. Receipt and completion of the questionnaire is entirely voluntary. Please can you inform your ‘keyworker’ if you DO NOT want to receive a questionnaire. Please be assured that if you decide to receive and complete the questionnaire, your answers will be treated in absolute confidence and will not affect any future care. An independent auditor will review the information you provide.
Is there someone to talk to?

The diagnosis and subsequent treatment of urological cancer often has a major emotional effect on people. There are contacts listed below whom you may find it helpful to talk to.

The clinical nurse specialist is here to provide support, advice or information about your particular type of cancer. From your diagnosis until you are discharged back to the care of your GP, the clinical nurse specialist will be your ‘key worker’. You will be provided with their contact details if you, your family or carer need any further advice or support or have any further questions.

There are also two trained counsellors within the Macmillan team based at the Sussex Cancer Centre who can provide you and members of your family with more support if needed.

Are there other sources of support and information?

Further support and information can be obtained from the following sources:

Local information

Macmillan Cancer Support
Telephone 0808 808 00 00
website: www.macmillan.org.uk

Sussex cancer Network
website: www.sussexcancer.net