

Stripe Group Agenda for 2023

Date	Topic
Tuesday : Jan 31 st – 14.00	Discussion and projects with Amy Saunders, Trauma Psychologist
Tuesday: March 28 th – 14.00	Speaker: Harry from Spinal Cord Injury Association
<p>“Hi, my name is Harry Langley. I sustained a C5/6 complete spinal cord injury in 2015 aged 19 whilst playing rugby for my University. I was in hospital for just over 6 months completing an intense rehabilitation programme trying to become as independent for when I was discharged. Since my injury I have tried many new adventures such as skiing, wheelchair rugby and joined the SIA in 2021 looking to support and advise others who have had similar life changing injuries. We aim to help everyone get back to living a fulfilled life after their injury”</p>	
Tuesday : May 30 th – 14.00	Discussion and projects
Tuesday : July 25 th – 14.00	Speaker: Sam Shepard from Headway Sussex
<p>‘Hi, my name is Sam. In 1996 I had a cycle accident causing a severe Traumatic Brain Injury. I was placed in a coma and later had residential rehab. Despite returning to work a year after the accident, between 2004 and 2015 I had numerous issues with a faulty plate in my skull. These issues prevented me from continuous work and required multiple surgeries. In 2008 I had C1/C2 spinal fixation. I developed epilepsy after a surgery in 2009. I now work for Headway Sussex, a local brain injury charity, leading their Hospital Liaison and Support Groups Services. I am a trustee at the UK Acquired Brain Injury Forum and am currently providing input towards a national brain injury strategy. I’m currently involved with several other projects and programs designed to improve services and the lives of people living with the consequences of brain injury. As I have plenty on my plate nowadays. I’m hoping to soon complete my MSc in Health Promotion, which I have partially focused on post-brain injury challenges relating to employment and social participation. I hope that we learn from the experiences of others, and that they struggles we have faced help those who come after us.’</p>	
Tuesday : September 26 th – 14.00	Discussion and projects
Tuesday : November 28 th – 14.00	Speaker - TBC