

MY LANGUAGE PREFERENCES

Birth parent:	Pronouns:
Co-parent:	Pronouns:
Additional support person:	Pronouns:

Anatomical Term	Preferred Term	Example
Breast/s		
Breastfeeding		
Breastmilk		
Cervix		
Clitoris		
Labia		
Perineum		
Vagina		
Vaginal examination		
Vulva		
Uterus		

NMC The Code, 2015:

1 Treat people as individuals and uphold their dignity

1.3 avoid making assumptions and recognise diversity and individual choice

2 Listen to people and **respond to their preferences** and concerns

2.2 recognise and respect the contribution that people can make to their own health and wellbeing

7 Communicate clearly

7.2 take reasonable steps to meet people's **language and communication needs**, providing, wherever possible, assistance to those who need help to communicate their own or other people's needs

NICE CG190, 2014:

Treat all [people] in labour with respect. Ensure that [they] are in control of and involved in what is happening to [them], and recognise that the way in which care is given is key to this. To facilitate this, establish a rapport with the [birthing person], ask [them] about [their] wants and expectations for labour, and be aware of the importance of tone and demeanour, and of **the actual words used**. Use this information to support and guide [them] through [their] labour.