

# Offloading Heels

## Quick Guide



University Hospitals Sussex

NHS Foundation Trust

### Prevention Guidance

- ✓ Inspect and palpate skin
- ✓ Apply moisturising cream
- ✓ Offload heel(s) using the correct device

### Safeguard Heel Boots and Utility Pads

#### Amber Pressure Damage Pathway

Heel First Aid



 **Caution: Single patient use**

### Treatment Guidance

- ✓ Inspect and palpate skin
- ✓ Apply moisturising cream
- ✓ Offload heel(s) using the correct device
- ✓ Follow MDT management plans

### HeelPro Advance Boot

#### Red Pressure Damage Pathway

Heel Resuscitation



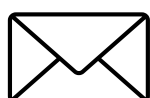
All patients with **pressure damage** to their heels should have a HeelPro Advance Boot insitu including;

- **Category 2**
- **Category 3**
- **Category 4**
- **Category Unstageable**
- **Category Deep Tissue Injury (DTI)**



### Order Codes

Safeguard Heel Boot	FES11255	£6.00 per pair
Safeguard Utility Pad	FES11308	£8.40 per pad
HeelPro Advance Boot	GAA124	£24.84 per boot



Brighton and Haywards Heath  
Tissue Viability CNS email address  
[uhsussex.woundcare@nhs.net](mailto:uhsussex.woundcare@nhs.net)

Worthing and Chichester Tissue  
Viability CNS email address  
[uhsussex.tvn@nhs.net](mailto:uhsussex.tvn@nhs.net)