

New Pathway for Royal Sussex County and Princess Royal Hospitals

There are four different types of MASD

These are:

1. Incontinence-Associated Dermatitis, often known as IAD
2. Intertriginous Dermatitis, also known as Intertrigo (*Intertrigo: where two skin areas may touch or rub together*)
3. Periwound Maceration
4. Peristomal Dermatitis (*relating to colostomy, ileostomy/ileal conduit, urostomy, suprapubic catheter, or tracheostomy*)

1. Incontinence-Associated Dermatitis (IAD) - Coding EK02.22

Actions Required

Complete a Datix and refer for Clinical Images

- ⇒ Keep skin **clean and pat dry**, avoid rubbing to reduce abrasions to the epidermal layer. Apply a **barrier product** to **restore** and **protect** the skin
- ⇒ Use **incontinence shaped pads** to absorb urine and faeces.
Avoid using the blue flat incontinence sheets/linen savers
- ⇒ Consider the use of **appropriate products** or devices to divert urine or stool from the skin such as **catheters, conveyers, and the use of a Flexi-seal™ faecal management system**

IAD should always be left exposed without dressings

Categorisation	Cleanse	Protect	Images of Product	Examples
Mild Skin Damage	Chose One Method for Cleansing;	Medi Derma-S Total Barrier Cream Every third wash or Twice a day		
Moderate Skin Damage	Low pH soap such as Senset Foam or	Cavilon Non Sting Barrier Film Maximum twice per day		
Severe Skin Damage	Contiplan 7-in-1 Wipes	50:50 Ointment Every episode of washing or Fours times per day		

Treat areas of **Cutaneous Candidiasis (thrush)** with antifungal treatments

1st Line treatment Clotrimazole 1 % Cream

If using anti-fungal cream for infected area, wait for cream to dry and then apply **barrier cream, film or ointment**

Senset Foam	150ml	£0.79 each canister	NHS SC Order Code GDW045
Contiplan Wipes	Pack of 25 wipes	£1.91 per pack	NHS SC Order Code VJT188
Dermol 500 Lotion	500 grams	£6.04	Ordered through Pharmacy
Medi Derma-S™ Total Barrier Cream	Individual Sachet 2g (20)	£0.17 each	NHS SC Order Code ELY536
Cavilon™ Non Sting Barrier Film	Foam applicator 1ml (25)	£0.76 each	NHS SC Order Code ELY038
50:50 Ointment	250 grams 500 grams	£1.83 each £3.66 each	Ordered through Pharmacy

If no improvement after **72 hours** please consider referral to the **Tissue Viability Team** for advice and support

2. Intertriginous Dermatitis (Intertrigo) - Coding EK02.20

Examples	Actions Required	
	<ul style="list-style-type: none"> ⇒ Minimise skin-on-skin contact and friction ⇒ Remove irritants from the skin and protect ⇒ Control or divert the moisture source ⇒ Prevent infection with regular inspection ⇒ Wipes should be left insitu 	

Actions Required

- ⇒ Keep skin **clean and dry**, light patting and not rubbing. This will reduce abrasions to the epidermal layer
- ⇒ Allowing the skin between the folds to **completely dry** and be exposed will prevent skin damage
- ⇒ **Avoid using dressings and/or talcum powder**

Treatment Requirements

- ⇒ If skin is broken use **Dermol 500** as a soap substitute
- ⇒ Treat areas of cutaneous yeast and/or fungi infections with topical **antifungal treatments** such as **clotrimazole**
- ⇒ Bacterial infections may be treated with topical antibiotics such as **Mupirocin ointment**
- ⇒ **Contiplan wipes** can be placed in to the folds to moisturise and prevent further deterioration
- ⇒ **Avoid using topical steroids**

3. Periwound Maceration - Coding EK02.2

4. Peristomal Dermatitis- Coding EK02.23

Periwound Maceration	Treatment	Peristoma Dermatitis	Treatment
	<p>Apply Cavilon Non Sting Barrier Film at every dressing change</p>		<p>Apply Barrier Film</p>

Additional Resources

INTERNATIONAL BEST PRACTICE RECOMMENDATIONS

PREVENTION AND MANAGEMENT OF MOISTURE-ASSOCIATED SKIN DAMAGE (MASD)

AN EXPERT WORKING GROUP

Wounds

SCAN ME



Medicareplus INTERNATIONAL

S.M.A.R.T. Tool