

Document injuries as per diagram:

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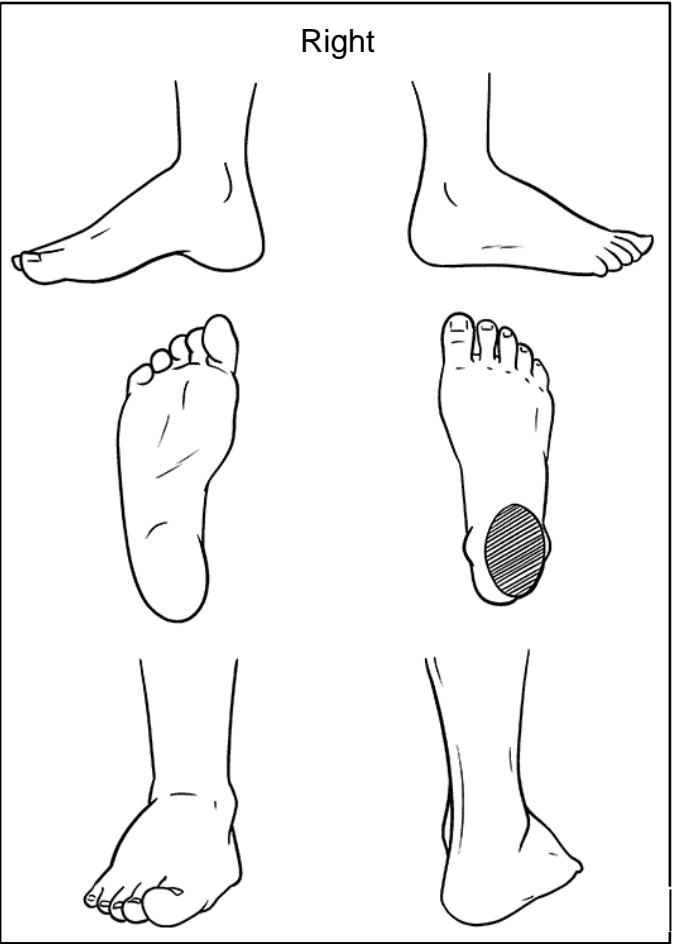
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Proximal fibula tenderness?	Yes	No
Anterior tibia tenderness?	Yes	No
Calcaneus tenderness?	Yes	No

Able to weight bear?	Yes	No
Distal pedal pulse?	Yes	No
Sensation?	Yes	No

X-ray:	Yes	No	Result	
Diagnosis:				

Discharge destination		
Parent advised to give regular pain relief	Tick	
(Duration)		
Participation in PE/sport/high impact activities	Tick	
(Duration)		
Parent/carer/guardian given written advice leaflet	Tick	
(Specify)		
If any further concerns patient should return	CED	GP

Signature/Name/Grade/Bleep:

Treatment Plan:	
Virtual Fracture Clinic (VFC)	Tick
Place copy of referral in notes	

## Ankle & Foot Injury Proforma

## Clinician's Details

## Patient's Details

Name/stamp: ..... Name: .....

Date: ..... Time: ..... Date of Birth: .....

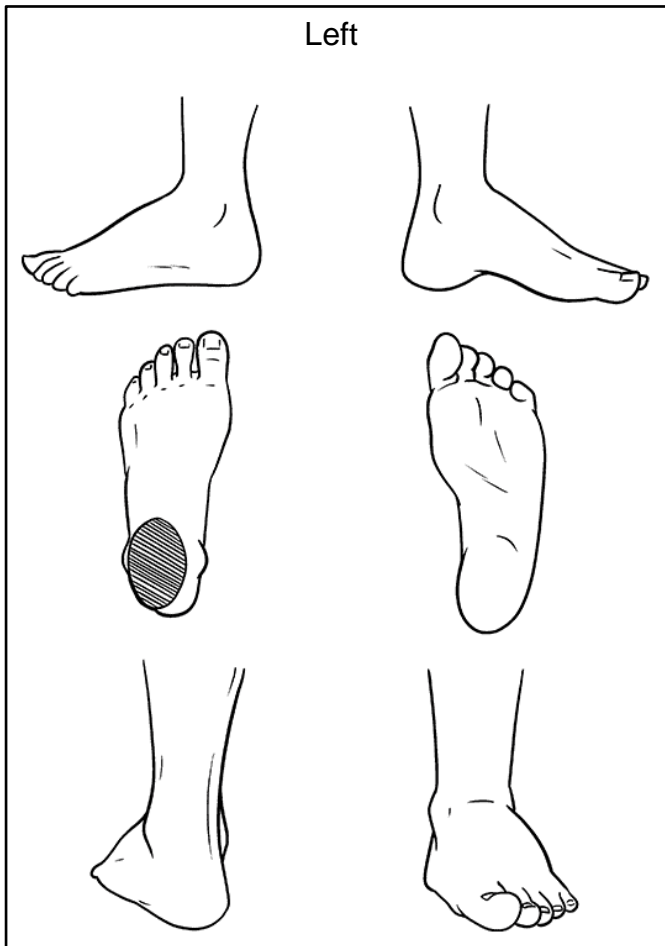
Date & Time of injury: ..... Trust ID: .....

Describe what happened: .....

PMH: ..... Drug history: .....

Allergies: ..... Immunisations: .....

**Examination:** (*mark areas of bruising, swelling and bony tenderness*)



**Document injuries as per diagram:**

This image shows a full page of primary-ruled paper. It features ten sets of horizontal dashed lines, each set consisting of two parallel lines. These lines are evenly spaced vertically across the entire page, providing a guide for letter height and placement. The background is white, and there are no margins or other markings present.