Daily Planned Bowel Management Routine

Must be filled out daily or as required

Patient Goals:
Care plan in use: Areflexic / Reflex (please circle)

Date & Time →								
Prescribed aperients administered 8-12 hours prior to intervention (Y/N)								
Hot Drink 20-30 minutes prior to intervention (Y/N)								
Fluid and Nutrition chart checked? (Y/N)								
Abdominal Massage (Y/N)								
Suppositories (S)/ Enema (E)								
Digital Rectal Stimulation? (Y/N)								
Manual Evacuation? (Y/N) **If yes document frequency.**								
Stool consistency (refer to Bristol Stool Chart)								
Amount of stool passed?								
Unplanned Evacuations: (enter times and Bristol scale score)								
Aperients Administered: (List oral/ Rectal Laxatives. Enter dose and time in box)								
Planned (P) / Unplanned (U) episode								
Location of Bowel Care: Bed (B) Toilet (T)								
Frequency: Daily (D)/ Alt Days (AD)								
Timing: AM/ PM include precise time.								
Signature of person carrying out bowel care.								

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