

# Sharps Injuries

## How to manage a sharp injury or other exposure



### Step 1

#### CLEAN

Encourage the wound to bleed by applying gentle pressure to the surrounding skin for a few seconds. Wash immediately with running water for a minimum of 1 minute then dry and cover the wound. Splashes to mucous membrane - wash as above (where applicable before and after removal of contact lenses).

### Step 2

#### SEEK HELP

Immediately inform the area manager/line manager/senior colleague (e.g ward sister).

### Step 3

#### CALL OCCUPATIONAL HEALTH

Occupational Health will complete a risk assessment and advise on your next actions.

### Step 4

#### DATIX

Complete Datix report within 24hrs post injury with support from your area manager/line manager.

**TP Health (Occupational Health) Injury Hotline numbers  
for all sharps injuries/exposure incidents**

**Monday - Friday: 08:30-16:30 01327 810269**

**Out-of-hours: 0800 413324**