

Sharps Injuries

How to manage a sharp injury or other exposure



Step 1

CLEAN

Encourage the wound to bleed by applying gentle pressure to the surrounding skin for a few seconds. Wash immediately with running water for a minimum of 1 minute then dry and cover the wound. Splashes to mucous membrane - wash as above (where applicable before and after removal of contact lenses).

Step 2

SEEK HELP

Immediately inform the area manager/line manager/senior colleague (e.g ward sister).

Step 3

CALL OCCUPATIONAL HEALTH

Occupational Health will complete a risk assessment and advise on your next actions.

Step 4

DATIX

Complete Datix report within 24hrs post injury with support from your area manager/line manager.

**Occupational Health Injury Hotline numbers
for all sharps injuries/exposure incidents**

Monday - Friday: 09:00-17:00 ext. 62983/64011

**Out-of-hours: attend the Emergency Department and report
to Occupational Health on the next working day.**