Patient name…………………………

Hospital Number……………………..

Date of birth…………………………..

Date………………………

Hospital……………………

Ward/ Department………..

Chair/ bed…………………

**Information for patients or visitors who may have been in contact with someone with CoVid-19**

This is to inform you that you have been on a ward/area at the same time as a patient who has subsequently and unexpectedly been diagnosed with coronavirus (COVID-19). The transmission of COVID-19 is thought to occur mainly through respiratory droplets and aerosols generated predominantly by coughing, and through contact with contaminated surfaces.

The following guidance has been issued:

Whilst you remain a patient, within the hospital, your self-isolation period will be 4 full days from the date of contact. You will be tested as soon as we have identified you have been a contact of a patient coronavirus (COVID-19), and again on day 3 and day 5. If the day 5 result is negative your isolation period may cease. This period may be lengthened if a further exposure occurs or your clinical team deem it necessary.

If you are discharged to another healthcare facility, your self-isolation may need to continue as directed by the new health care facility.

If you are discharged to your own home within 5 days of receiving this information andremain asymptomatic, please follow the current Government Covid 19 guidance,

[Coronavirus (COVID-19): guidance - GOV.UK (www.gov.uk)](https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance)

If you have any questions or concerns about this information or your ongoing care please ask to speak with the nurse in charge of your ward or our Patient advice and liaison service (PALS).

PALS can provide information about services both here at the Trust and other organisations. PALS can liaise with departments within the hospital on your behalf, listen to any concerns you may have and help to resolve them.

You can contact our PALS team by telephone:

Princess Royal Hospital: 01444 448678

Royal Sussex County Hospital: 01273 664511 or 01273 664973.

St Richards Hospital: 01243 831822

Worthing Hospital: 01903 285032

Email: uhsussex.pals@nhs.net