

Date of examination:

Patient Name:

Hospital No:

DOB:

## Dry Eye Examination

### Nurse Assessments

Visual acuity BC  / UA  R L

PH R L

IOP (iCare) R L

Schirmers (anaesthetised; 5 mins) R \_\_\_\_ mm L \_\_\_\_ mm

### Doctor Assessments / Slit lamp examination

R

L

#### Lids

- Anterior lid margin disease
- Meibomian gland dysfunction

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#### Conjunctiva

- Hyperaemia
- Staining

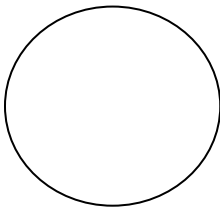
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#### Cornea

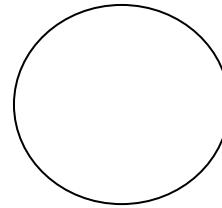
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TBUT

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Staining



Imp:  Aqueous deficiency  Evaporative dry eye  Mixed pattern

### Management

- Topical lubricants – specify type and frequency given \_\_\_\_\_
- Lid hygiene and warm compresses
- Topical steroids - specify type and frequency given \_\_\_\_\_
- Punctal plugs – specify upper / lower; right / left / bilateral
- Punctal cautery – specify upper / lower; right / left / bilateral
- Ikervis
- Oral doxycycline

Blood tests  FBC / ESR / CRP / ANA screen / Anti-RO / Anti-LA / Anti-CCP / RF / U+Es / LFTs / TFTs

### Review plan

Clinic follow-up – specify timeframe \_\_\_\_\_ /  Discharge