

COVID OXIMETRY@HOME

ACUTE FLOOR DISCHARGES

PATIENTS WHO MEET INCLUSION & EXCLUSION CRITERIA ARE DISCHARGED WITH A SATS PROBE INTO A VIRTUAL THREE TIMES A DAY OXIMETRY MONITORING SERVICE

INCLUSION CRITERIA ALL MUST APPLY

- ✓ Discussed with A&E / Acute Medicine ST4+
- ✓ Diagnosed with COVID-19
Positive Test / Clinically Highly Likely
- ✓ Given [Instruction Leaflet](#) & Pulse Oximeter

- ✓ Lives in Sussex & Safe to Isolate Alone
AND
 Over 65
OR
 16-65 With Risk Factors
OR
 Over 16 With Significant Symptoms that Warrant Follow Up but Not Admission

- ✓ Meets ED Red Discharge Criteria:
 Symptomatic of COVID
 1-Minute Sit-To-Stand Test < 3% SpO2 Drop
 No Significant High Risk Features & Alternative Diagnoses Considered

 NEWS2 < 3
 No Persistent Tachypnoea / Respiratory Distress

 SpO2 ≥ 93%
If Chronic T2RF ≤ 3% Less Than Baseline
If Pregnant ≥ 95% (Contact ObGyn SpR)

 Bloods - No New Organ Dysfunction + CRP < 100
 Normal CXR / Minimal Changes If Performed

EXCLUSION CRITERIA NONE MUST APPLY

- Unable to access phone (if email not available as alternative)
- Unable to use and manage oximeter readings (If carer not available to support)
- Unable to know what to do if their readings indicate deterioration and/or lack of confidence to act on this (If carer not available to support)
- Patients should not have any severe symptoms or signs of clinical concern

HOW TO REFER

- ✓ Ensure Patient has [Instruction Leaflet](#) & Pulse Oximeter Probe
- ✓ Explain How To Use the Probe & Diary
- ✓ Refer Via Panda: COVID Oximetry @ Home