

COVID OXIMETRY SELF MONITORING

PATIENTS WITH MODERATE COVID WHO CAN BE DISCHARGED FROM ACUTE FLOOR CAN GO HOME WITH A PULSE OXIMETER AND MONITOR THEIR SATURATIONS THEMSELVES USING A FLOWCHART AND SAFETY NET INFORMATION

This **IS NOT** COVID OXIMETRY @ HOME - DO NOT REFER ON PANDA

THIS IS SELF MONITORING - No Clinician Review

CRITERIA

- ✓ Meets Discharge Criteria For Moderate COVID & Positive Swab
- ✓ Has No Exclusion Criteria
- ✓ Has Had An ED / Acute Medical Consultant Discussion
- ✓ Give Patient A Discharge Pack & Discharge Letter
Sats Probe + Diary + Information Leaflet

DISCHARGE CRITERIA

CAN BE REVIEWED BY ED DOCTOR ST4+
DISCHARGE DECISION IS CONSULTANT LED

CAUTION: A NHS REVIEW IS BEING CONDUCTED ABOUT OXIMETERS OVERLY ESTIMATING SATURATIONS IN NON-CAUCASIANS

Normal Sit To Stand Test – One Minute of Standing from Sitting Repetitively
< 3% Drop in Oxygen Saturations is Normal. Significant Desaturation: Discuss with Medics.

MODERATE COVID

*SpO₂ > 92% (Chronic T2RF i.e. COPD: > 88%)
More than 2 Risk Factors (See ED Discharging COVID Patients)*

Have Alternative Diagnoses Been Considered?

Length of Stay < 24 HRS

Safe To Be In Isolation? Can They Cope with Illness and Self Isolating?

NEWS2 Score < 3 (RR < 22 & HR < 110 BPM, SpO₂ > 92% (Chronic T2RF i.e COPD: > 88%)

CXR: Normal or Mild changes from baseline

Bloods: No new organ dysfunction & CRP < 100

EXCLUSION CRITERIA

Unable to Read/Follow Leaflet Or Flowchart

Does Not Meet Discharge Criteria Above

Lacks Mental Capacity

Safeguarding Concerns

Inability to Manage Saturation Probe Readings

Pregnant – **Contact Maternity For Discharge Pathway**