

Sedation Checklist

1. Prepare Team and Patient

2. Prepare Equipment

3. Prepare for difficulty

Discuss procedure to be performed:

Consent obtained?

Allocate roles:

- Name of doctor performing the sedation
- Name of nurse
- Name of doctor performing the procedure

Is there a plan to get extra help if required?

Airway assessed?

Mallampati score (I-IV)

Fasting time food?

Fasting time clear fluid?

If not NBM for more than 6 hours food or 2 hours clear fluids GET SENIOR ADVICE

Are the benefits of performing the procedure greater than the risks?

Is all monitoring on?

- Capnography
- Is BP cycling every three minutes?

Is all equipment available and checked?

- Guedel/NPA/Bag Mask
- Working suction
- Tagged ventilation bag
- Tagged intubation box
- Bougie
- Supraglottic airway
- Difficult airway trolley

Does the patient have IV access with IV fluids running?

100% oxygen (unless contraindicated)

Are drugs drawn up and labelled?

- Sedation agent?
- Analgesia?

Are emergency drugs available?

- Vasopressors
- Reversal agent
- NMJ blocker
- Induction agent

What is the plan for over sedation?

Reversal plus plan for

- Plan A: Bag Mask
- Plan B Supraglottic airway
- Plan C: e.g. intubation
- Plan D: Difficult airway protocol

Have you access to the relevant equipment, including alternative airway?

DO NOT START UNTIL AVAILABLE

Are there any specific complications anticipated?

Yes/No

If yes, what are they?

DO YOU NEED MORE HELP NOW?

SILENCE DURING PROCEEDURE

RECORD ANY RSI OR SEDATION IN THE EMERGENCY DEPARTMENT @ BAMBOO.BSUH.NHS.UK