

# RSI (Rapid Sequence Induction) Checklist: to be done with the whole team present

<u>Prepare the patient</u>	<u>Prepare the equipment</u>	<u>Prepare the team</u>	<u>Prepare for difficulty</u>
<input type="checkbox"/> <b>Reliable IV / IO access</b> <input type="checkbox"/> <b>Optimise position</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Sit-up?</li> <li><input type="checkbox"/> Mattress hard</li> </ul> <input type="checkbox"/> <b>Airway assessment</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Identify cricothyroid membrane</li> <li><input type="checkbox"/> Awake intubation option?</li> </ul> <input type="checkbox"/> <b>Optimal preoxygenation</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> 3 mins or <math>ETO_2 &gt; 85\%</math></li> <li><input type="checkbox"/> Consider CPAP / NIV</li> <li><input type="checkbox"/> Nasal <math>O_2</math></li> </ul> <input type="checkbox"/> <b>Optimise patient state</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Fluid / pressor/ inotrope</li> <li><input type="checkbox"/> Aspirate NG tube</li> <li><input type="checkbox"/> Delayed sequence induction</li> </ul> <input type="checkbox"/> <b>Allergies?</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> ↑ Potassium risk? - avoid suxamethonium</li> </ul>	<input type="checkbox"/> <b>Apply monitors</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> <math>SpO_2</math> / waveform <math>ETCO_2</math> / ECG / BP</li> </ul> <input type="checkbox"/> <b>Check equipment</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Tracheal tubes x 2 - cuffs checked</li> <li><input type="checkbox"/> Direct laryngoscopes x 2</li> <li><input type="checkbox"/> Videolaryngoscope</li> <li><input type="checkbox"/> Bougie / stylet</li> <li><input type="checkbox"/> Working suction</li> <li><input type="checkbox"/> Supraglottic airways</li> <li><input type="checkbox"/> Guedel / nasal airways</li> <li><input type="checkbox"/> Flexible scope / Aintree</li> <li><input type="checkbox"/> FONA set</li> </ul> <input type="checkbox"/> <b>Check drugs</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Consider ketamine</li> <li><input type="checkbox"/> Relaxant</li> <li><input type="checkbox"/> Pressor / inotrope</li> <li><input type="checkbox"/> Maintenance sedation</li> </ul>	<input type="checkbox"/> <b>Allocate roles</b> One person may have more than one role. <ul style="list-style-type: none"> <li><input type="checkbox"/> Team Leader</li> <li><input type="checkbox"/> 1<sup>st</sup> Intubator</li> <li><input type="checkbox"/> 2<sup>nd</sup> Intubator</li> <li><input type="checkbox"/> Cricoid force</li> <li><input type="checkbox"/> Intubator's assistant</li> <li><input type="checkbox"/> Drugs</li> <li><input type="checkbox"/> Monitoring patient</li> <li><input type="checkbox"/> Runner</li> <li><input type="checkbox"/> MILS (if indicated)</li> <li><input type="checkbox"/> Who will perform FONA?</li> </ul> <input type="checkbox"/> <b>Who do we call for help?</b> <input type="checkbox"/> <b>Who is noting the time?</b>	<input type="checkbox"/> <b>Can we wake the patient if intubation fails?</b> <input type="checkbox"/> <b>Verbalise "Airway Plan is:"</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Plan A:</b> Drugs &amp; laryngoscopy</li> <li><input type="checkbox"/> <b>Plan B/C:</b> Supraglottic airway Face-mask Fibreoptic intubation via supraglottic airway</li> <li><input type="checkbox"/> <b>Plan D:</b> FONA Scalpel-bougie-tube</li> </ul> <input type="checkbox"/> <b>Does anyone have questions or concerns?</b>

## For all intubations outside of theatres consider contacting anaesthetics: RSCH

- Phone ext 62043 – or bleep 8224 – senior trainee or consultant anaesthetist
- ODP bleep 8180
- Or 'Anaesthetic emergency call' via switchboard 2222