





support

(Antenatal counselling)
Team briefing and equipment check



APPROX 60 SECONDS

APINTAIN TEMPERATURE

AT ALL TIMES ASK "IS HELP NEEDED"

Place undried in plastic wrap + radiant heat

Preterm < 32 weeks

Assess Colour, tone, breathing, heart rate

Ensure an open airway
Preterm: consider CPAP

Inspired oxygen 28–31 weeks 21–30% < 28 weeks 30%

If gasping / not breathing
Give 5 inflations (30 cm H₂O) – start in air
Apply PEEP 5–6 cm H₂O, if possible
Apply SpO₂ +/- ECG

If giving inflations, start with 25 cm H₂O

Acceptable pre-ductal SpO₂

ReassessIf no increase in heart rate, look for chest movement

10 min 5 min 2 min

> 85% 65%

- Check mask, head and jaw position
 2 person support
 Consider suction, laryngeal mask/tracheal tube
 Repeat inflation breaths
 Consider increasing the inflation pressure

ReassessIf no increase in heart rate, look for chest movement

Once chest is moving continue ventilation breaths

TITRATE OXYGEN TO ACHIEVE TARGET SATURATIONS

- If heart rate is not detectable or < 60 min⁻¹
 after 30 seconds of ventilation

 Synchronise 3 chest compressions to 1 ventilation

 Increase oxygen to 100%

 Consider intubation if not already done or laryngeal mask if not possible
- Reassess heart rate and chest movement every 30 seconds

If the heart rate remains not detectable or < 60 min⁻¹
• Vascular access and drugs
• Consider other factors e.g. pneumothorax, hypovolaemia, congenital abormality

Update parents and debrief team Complete records

GUIDELINES 72021