

Appendix 8: Other Surgery

If using pharmacological VTE prophylaxis for patients - aim to start it as soon as possible. Ideally within 14 hours of admission where possible, unless contraindicated or otherwise stated in population-specific recommendations

Major Trauma:	Abdominal surgery: Gastrointestinal, gynaecological, urological and bariatric surgery.	Head and Neck surgery: Oral and maxillofacial surgery and ENT surgery.
	<ul style="list-style-type: none"> Start intermittent pneumatic compression (IPC) or graduated compression stockings from admission according to local policies. Continue until mobility returned to normal baseline or anticipated mobility. Reassess risk of VTE and bleeding at least daily, and whenever the clinical condition changes. 	If the risk of VTE outweighs the risk of bleeding: <ul style="list-style-type: none"> LMWH (prophylactic weight based dosing) for a minimum of 7 days
If the risk of VTE outweighs the risk of bleeding: <ul style="list-style-type: none"> Add LMWH (prophylactic weight based dosing) for a minimum of 7 days 	If risk of VTE outweighs the risk of bleeding: <ul style="list-style-type: none"> Add LMWH (prophylactic weight based dosing) for a minimum of 7 days <p>In major abdominal cancer surgery:</p> <ul style="list-style-type: none"> Extend LMWH to 28 days Post-operatively. <p>In nephrectomy (if cancer-related)</p> <ul style="list-style-type: none"> Extend LMWH to 28 days postoperatively 	If there is an increased risk of VTE and a high risk of bleeding: Choose either - <ul style="list-style-type: none"> anti-embolism stockings, OR intermittent pneumatic compression. <p>Continue until mobility returned to normal baseline or anticipated mobility.</p>
<p>Cardiac & Thoracic surgery:</p> <p>If at increased risk of VTE. Choose either:</p> <ul style="list-style-type: none"> Anti-embolism stockings or intermittent pneumatic compression. Continue until mobility returned to normal baseline or anticipated mobility. <p>If the risk of VTE outweighs the risk of bleeding:</p> <ul style="list-style-type: none"> Add LMWH for a minimum of 7 days if <u>not having other anticoagulation therapy</u> 		

Fondaparinux can be considered as an alternative to LMWH in certain circumstances – see Appendix 3