

This Patient Group Direction (PGD) must only be used by registered health professionals who have been named and authorised by their organisation to practice under it. The most recent and in date final signed version of the PGD should be used.

# Patient Group Direction

For the administration of Dotarem® by Radiographers with current HCPC (Health and Care Professions Council) & Registered nurses with a current NMC (Nursing & Midwifery Council).

For MRI examinations to be undertaken on patients aged 17 years and older, in the Imaging department, BSUHT.

Version number: 3

## Change history

Version number	Change details	Date
3	Existing PGD reviewed and transferred onto NICE/BSUH template	Dec 2019
	Reviewed and approved by PGD group	Dec 2019

## PGD development

Name	Job title and organisation	Signature	Date
Lead author	Helen Lewis	Via email	Dec 2019
Lead doctor	Kyriakos Iliadis	Via email	Dec 2019
Lead pharmacist*	David Annandale	Via email	Dec 2019
Representative of other professional group using PGD	Jemma Deane, Lead Superintendent Radiographer	Via email	Dec 2019
*Review of Version 3			

## Organisational authorisations

Brighton & Sussex University Hospitals NHS Trust authorises this PGD for use by the services or providers listed below:
Imaging department BSUH
<b>Limitations to authorisation</b>
Radiographers with current HCPC & Registered nurses with a current NMC only

Name	Signature & Name	Date
<b>PGD GROUP</b>	Joanne Pendlebury	December 2019
<b>Chief Pharmacist</b>	Michael Cross	May 2020
<b>Medicines Governance Group chair</b>	Michael Okorie	May 2020

Local enquiries regarding the use of this PGD may be directed to [Bsuh.pgdgroup@nhs.net](mailto:Bsuh.pgdgroup@nhs.net) or PGD group chair.

Appendix 2 provides a practitioner authorisation sheet. Individual practitioners must be authorised by name to work to this PGD.

## Training and competency of registered health professionals

	Requirements of registered health professionals working under the PGD
<b>Qualifications and professional registration</b>	<p>Radiographers with current HCPC registration and a minimum of 12 months post qualification clinical experience</p> <p>Registered nurse with a current NMC (Nursing &amp; Midwifery Council) registration and a minimum of 12 months post qualification acute clinical experience</p>
<b>Additional requirements</b>	<p><b>THE INDIVIDUAL PRACTITIONER MUST BE AUTHORISED BY NAME, UNDER THE CURRENT VERSION OF THIS PGD BEFORE WORKING ACCORDING TO IT.</b></p> <p><b>The individual practitioner is required to have a working knowledge of adverse reactions to the medication used with the PGD and how to identify drug interactions.</b></p>
<b>Initial training</b>	<p>Has undertaken appropriate IV administration training with relevant updates as required by the Brighton and Sussex University Hospitals NHS Trust IV policy and has been assessed as competent in the role.</p> <p>Has undertaken appropriate training for working under patient group directions for administration of Dotarem and has been assessed as competent in the role by a consultant radiologist or the author of this PGD.</p> <p>Has undertaken training appropriate to recognise and manage allergic/anaphylactic reactions.</p> <p>Has undertaken appropriate Trust resuscitation training.</p>
<b>Competency assessment</b>	<p>PGD users will be responsible for collecting data and contributing to the audit of their practice.</p>
<b>Continued training requirements</b>	<p>Annual Trust resuscitation and anaphylaxis training update.</p> <p>PGD audit and training session at each renewal period.</p> <p>Complete NICE Competency PGD Framework</p> <p>PGD e-learning 3 yearly</p> <p>Up to date with mandatory training</p> <p>Maintain knowledge and skills within specialist area</p>

## Clinical condition

<b>Clinical condition or situation to which this PGD applies</b>	<p>Dotarem is a contrast agent used in the following applications;</p> <p>MRA for suspected narrowing/occlusion of major arteries or veins.</p> <p>Cranial and spinal MRI to delineate tumour, trauma, infection, inflammation or vascular abnormality</p> <p>Whole body MRI including the facial skull, neck, thoracic and abdominal cavities, breast, pelvis and musculoskeletal system to delineate tumour, infection, trauma, inflammation or vascular abnormality.</p>
<b>Inclusion criteria</b>	<p>Consenting adult patients aged 17 years and over (see separate PGD for paediatrics).</p>
<b>Exclusion criteria</b>	<p>Patients 16 years of age and under.</p> <p>MRI scan contraindicated if patient has MRI unsafe pacemaker or unsafe metalwork.</p> <p>Pregnancy.</p> <p>Hypersensitivity to any constituents of Dotarem, including gadoteric acid, meglumine, or any medicinal products containing gadolinium.</p> <p>Impaired renal function. If eGFR known to be less than 30ml/min/1.73m<sup>2</sup>.</p> <p>Patients in peri-operative liver transplantation period.</p>
<b>Cautions (including any relevant action to be taken)</b>	<p>Patients treated with beta blockers. These medicinal products decrease the efficacy of the mechanisms of cardiovascular compensation for blood pressure disorders; the covering radiologist must be informed before injection of gadolinium and resuscitation equipment must be at hand.</p> <p>Breast-feeding mothers - a very small percentage of the injected dose enters the breast milk with poor absorption by the gut. The decision as to whether to continue or suspend breastfeeding for 24 hours after administration of Dotarem should be at the clinician's discretion, in consultation with the mother.</p>
<b>Arrangements for referral for medical advice</b>	<p>Refer to Radiologist overseeing examination</p>
<b>Action to be taken if patient excluded</b>	<p>Refer to Radiologist overseeing examination</p>
<b>Action to be taken if patient declines treatment</b>	<p>Refer to Radiologist overseeing examination</p>

## Details of the medicine

<b>Name, form and strength of medicine</b> <i>Include ▼ for <a href="#">black triangle medicines</a></i>	Dotarem  279.32mg (0.5mmol) gadoteric acid per 1ml  Available in glass vials of 5, 10, 15 and 20ml and also pre-filled syringes of 15 and 20ml.
<b>Legal category</b>	<i>POM</i>
<b>Indicate any <a href="#">off-label use</a> (if relevant)</b>	N/A
<b>Route/method of administration</b>	I.V. -manual injection or automatic injector
<b>Dose and frequency</b>	0.2ml Dotarem / kg body weight  See <b>Appendix 1</b> for further details
<b>Quantity to be administered and/or supplied</b>	0.2ml/kg body weight
<b>Maximum or minimum treatment period</b>	Up to 2 administrations during the examination, for a timing scan and for the main acquisition scan as per protocol.  0.2ml/kg body weight see <b>Appendix 1</b> .
<b>Adverse effects</b>	Common adverse effects listed below:  Transient sensations of warmth at injection site, or of pain.  Nausea and vomiting and also dermal and mucosal reactions of allergic type have been observed.  Inadvertent paravenous injection may cause pain lasting up to 20 minutes. In the case of extravasation refer to the departmental procedure.  A detailed list of adverse reactions is available in the SPC, which are available from the electronic Medicines Compendium website: <a href="http://www.medicines.org.uk">www.medicines.org.uk</a> .  BNF/C also has information on adverse effects.
<b>Drug interactions</b>	A detailed list of drug interactions is available in the SPC (summary of product which are available from the electronic Medicines Compendium website: <a href="http://www.medicines.org.uk">www.medicines.org.uk</a>  BNF/C also has drug interaction information
<b>Supplies</b>	Protocols for the ordering, storage and handling of medicines should be followed to prevent wastage
<b>Storage</b>	Protocols for the ordering, storage and handling of medicines should be followed

<b>Reporting procedure of adverse reactions</b>	<p>Healthcare professionals and individuals/parents/carers are encouraged to report suspected adverse reactions to the Medicines and Healthcare products Regulatory Agency (MHRA) using the Yellow Card reporting scheme on: <a href="http://yellowcard.mhra.gov.uk">http://yellowcard.mhra.gov.uk</a></p> <p>For Black triangle any suspected adverse reactions should be reported via the Yellow Card Scheme.</p>
<b>Special considerations / additional information</b>	<p>N/A</p>
<b>Records to be kept</b>	<p>Patient's name, address, date of birth and hospital number.</p> <p>Patient's cannulation checklist to include:</p> <p>Positive patient ID and consent given, radiologist cover, emergency equipment available, allergies, beta-blockers.</p> <p>Allergy and sensitivity status.</p> <p>Site and size of cannula and whether eventful or uneventful contrast bolus.</p> <p>Contrast media used, dose, batch number and expiry date.</p> <p>Sodium chloride 0.9% flush.</p> <p>Signature of person administering contrast.</p> <p>Signature of person checking the contrast medium.</p> <p><b>A record of all individuals receiving treatment under this PGD should also be kept for audit purposes in accordance with local policy. OR the patients should be identifiable in a timely manner for audit purposes.</b></p>
<b>Written/verbal information to be given to patient or carer</b>	<p>Ensure written patient information has been given at time of appointment.</p> <p>Verbal explanation of common side effects, as part of consent prior to procedure.</p> <p>Patient information leaflet (PIL) available:</p> <p><a href="https://www.nhs.uk/medicines/">https://www.nhs.uk/medicines/</a></p>
<b>Follow-up advice to be given to patient or carer</b>	<p>Examinations will be reported by a Consultant Radiologist and a copy of the report sent to the referring clinician.</p> <p>Patient instructed at time of examination to follow up with referring</p>

	<p>clinician.</p> <p>Patient kept in department for 30 minutes post injection.</p> <p>Patient advised to monitor injection site to check for bleeding/signs of infection over next couple of days and to see GP if problems occur. Patient is told to contact the Imaging Department if there are any on-going medical concerns relating to the contrast injection for the following 24 hours.</p> <p>Any reactions at the time of the examination will be reported to, and given the appropriate treatment by, the radiologist overseeing the examination.</p>
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## Audit

<b>Plan for audit</b> , It is essential for PGD renewal that audits have occurred.	Retrospective audit of compliance with PGD to be completed.
<b>Frequency</b>	At each renewal period
<b>Nominated lead to manage audit</b>	Jemma Deane, Lead Superintendent Radiographer

## Key references

<b>Key references</b>	<p>Dotarem 279.32 mg/ml solution for injection, Summary of Product Characteristics document, <a href="http://www.products.mhra.gov.uk">www.products.mhra.gov.uk</a></p> <p>Standards for intravascular contrast administration to adult patients, 3<sup>rd</sup> edition, Royal College of Radiologists, <a href="https://www.rcr.ac.uk/sites/default/files/Intravasc_contrast_web.pdf">https://www.rcr.ac.uk/sites/default/files/Intravasc_contrast_web.pdf</a> accessed April 2020</p>
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## Appendix 1 Dotarem dosage

Dotarem doses for MRI scans are variable dependent on the scan protocol and the body part being imaged.

**For manual injections** the dose is 0.2mls per kilogram body weight up to 15mls, with the exception of cardiac MRI.

**Cardiac MRI** the minimum dose is 0.2mls per kilogram body weight, no maximum amount.

**For automatic injector pump injections** please see the table below:

Protocol	Contrast dose	Flow rate (mls/s)	Saline (ml)	Timing/test/care bolus
Renal MRA	Dose per body weight, max 20mls	3mls/s	25mls	Care bolus Test bolus
TWIST angio	8mls	2mls/s	25mls	Inject simultaneously as scan starts
Peripheral MRA	Total of 30mls 15mls @ 15mls @	1ml/s 0.5ml/s	25mls	Care bolus
Thoracic MRA	Dose per body weight max of 20mls	3mls/s	25mls	Care bolus Test bolus
Carotid MRA	Dose per body weight max of 20mls	3mls/s	25mls	Care bolus Test bolus
Liver	Dose per body weight max of 20mls	3mls/s	25mls	Delay of 30s
Venogram	Dose per body weight max of 20mls	3mls/s	25mls	Care bolus Test bolus
Gynae pelvis	Dose per body weight max of 20mls	3mls/s	25mls	Delay of 60s
Small bowel	Dose per body weight max of 20mls	3mls/s	25mls	Delay of 30s
AML	Dose per body weight max of 20mls	3mls/s	25mls	Delay of 30s
Pancreas	Dose per body weight max of 20mls	3mls/s	25mls	Delay of 30s



Prostate	Dose per body weight max of 20mls	3mls/s	25mls	Inject after 1 <sup>st</sup> measurement
Cardiac stress perfusion	Dose per body weight	3mls/s	25mls	Care bolus
Brain perfusion	10mls	2mls/s	20mls	Inject after 10 <sup>th</sup> measurement
Thoracic inlet syndrome-subclavian angio	Dose per body weight	3mls/s	25mls	Care bolus Arms up and repeated with arms down

## **Appendix 2 Health professionals' agreement to practise**

PGD Title.....

**Practitioner**, by signing this patient group direction you are indicating that you agree to its contents and that you will work within it.

Patient group directions do not remove inherent professional obligations or accountability.

It is the responsibility of each professional to practise only within the bounds of their own competence and professional code of conduct.

I confirm that I have read and understood the content of this Patient Group Direction and that I am willing and competent to work to it within my professional code of conduct

<b>Name of health professional</b>	<b>Role</b>	<b>Signature</b>	<b>Date</b>

### **Authorising manager**

I confirm that the practitioners named above have declared themselves suitably trained and competent to work under this PGD. I give authorisation on behalf of Brighton & Sussex University Hospitals NHS Trust for the above named health care professionals who have signed the PGD to work under it.

<b>Name</b>	<b>Role</b>	<b>Signature</b>	<b>Date</b>