

Prescriber Expectations Emergency Steroid Cards for Adults

Royal Sussex County Hospital, Princess Royal Hospital, Sussex Eye Hospital

Pharmacists are actively encouraged to perform any of these steps regardless of non-medical prescribing status although primary responsibility resides with the prescriber.

Outpatients

Prescribe

• Steroid **Prescription** required.

History

• Take a 12 month **steroid history** for the patient using summary care record, clinic letters and the patient.

Identify

 Identify if a patient requires an emergency steroid card/sick day rules using guidance: Guidance for Adults Who Need an Emergency Steroid Card and to Follow Sick Day Rules.

Counsel

• **Counsel** patient on the need to carry the emergency steroid card/ follow sick day rules.

Supply

 Supply an emergency steroid card using supply in clinic or 'prescribing' an emergency steroid card on the prescription (Pharm@Sea and PRH pharmacy only). Electronic version available*.

Document

 Document rationale for steroid card, supply and duration of need for card/ sick day rules in clinic letter and medical notes (if available).

Date: 13/05/2021

Review By: 13/05/2023



Inpatients

Prescribe

• Steroid **Prescription** required.

History

• Take a 12 month **steroid history** for the patient using summary care record, clinic letters and the patient.

Identify

• Identify if a patient requires an emergency steroid card/ sick day rules using guidance: Guidance for Adults Who Need an Emergency Steroid Card and to Follow Sick Day Rules.

Counsel

 Counsel patient on the need to carry the emergency steroid card/ follow sick day rules.

Supply

• **Supply** an emergency steroid card by 'prescribing' an emergency steroid card on the drug-chart (paper/EPMA) AND the discharge summary. Electronic version available*.

Document

 Document rationale for steroid card, supply and duration of need for card/ sick day rules in the medical notes <u>AND</u> on the discharge summary.

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https://www.endocrinology.org/media/3873/steroid-card.pdf

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^{*}Electronic Emergency Steroid Card link: