



Steroid Emergency Card to support early recognition and treatment of adrenal crisis National Patient Safety Alert

Information for:

Pharmacy

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Prescribers

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- Adults with primary adrenal insufficiency, pituitary / hypothalamic disease or some exogenous steroid regimes should be issued with an emergency steroid card.
- Any patient carrying an emergency steroid card should receive steroid cover when acutely unwell, having surgery or undergoing an invasive procedure e.g. endoscopy.
- Emergency steroid cards should be prescribed on the discharge summary or outpatient prescription (excluding FP10's).
- Relevant outpatient clinics will be supplied with emergency steroid cards by pharmacy.
- This is in addition to the blue steroid treatment card.

Si	teroid Emergency Card NHS
(/	Adult)
	MPORTANT MEDICAL INFORMATION FOR HEALTHCARE STAFF HIS PATIENT IS PHYSICALLY DEPENDENT ON DAILY STEROID THERAPY
a	mis Parisical in Parisical of the Parisical of the Parisical medicine. It must be given/taken as prescribed and never mitted or discontinued. Missed doses, illness or surgery can cause drenal crisis requiring emergency treatment.
	atients not on daily steroid therapy or with a history of steroid usage lay also require emergency treatment.
Na	me
Da	te of Birth NHS Number
Wł	y steroid prescribed
Em	ergency Contact
	hen calling 999 or 111, emphasise this is a likely adrenal
	sufficiency/Addison's/Addisonian crisis or emergency AND describe

Immediate 100mg Hydrocortisone i.v. or i.m. injection. Followed by 24 hr continuous i.v. infusion of 200mg Hydrocortisone in Glucose 5% OR 50mg Hydrocortisone i.v. or i.m. qds (100mg if severely obese).

Scan here for further information or search

rgency treatment of adrenal crisis

2) Rapid rehydration with Sodium Chloride 0.9%.3) Liaise with endocrinology team.

Full clinical guidelines can be found on Microguide.

Search > Medicines Governance > Prescribing Guidelines (Adults) > Steroids