



Steroid Emergency Card to support early recognition and treatment of adrenal crisis

National Patient Safety Alert

Information for:

- Pharmacy ✓
- Prescribers ✓

- Adults with primary adrenal insufficiency, pituitary / hypothalamic disease or some exogenous steroid regimes should be issued with an emergency steroid card.
- Any patient carrying an emergency steroid card should receive steroid cover when acutely unwell, having surgery or undergoing an invasive procedure e.g. endoscopy.
- Emergency steroid cards should be prescribed on the discharge summary or outpatient prescription (excluding FP10's).
- Relevant outpatient clinics will be supplied with emergency steroid cards by pharmacy.
- This is in addition to the blue steroid treatment card.

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Full clinical guidelines can be found on Microguide.

Search > Medicines
Governance > Prescribing
Guidelines (Adults) > Steroids

