

Discharging a patient with a catheter

Procedure for the discharge of a patient with a catheter:

- Check appropriate long-term catheter is insitu and when it was inserted.
- Complete the catheter passport for the patient to take home and explain to patient.
- Complete a Nursing transfer document – with size of catheter and insertion date
- Email completed transfer document to the 'Bladder and Bowel team' sdo-tr.continence@nhs.net (Brighton and Hove only)
- Advise the DN's of the discharge of the patient for out of hours support, if catheter is long term please inform DN's to ensure the catheter is changed every 10-12 weeks.
- Give the patient a catheter pack for discharge, a night stand and spare catheter.
- Refer patient to Charter on 0800 374 654 for supplies, these will be delivered within 3-4 days.

For TWOC support please follow guidance on Microguide