

Discharge of people with Diabetes treated with insulin

If you are discharging a **diabetic patient who is requiring insulin** needing Specialist Diabetes Nurse involvement and is registered with any of the following GP Practices please send a discharge summary to;

sc-tr.diabetesnorthmidsussexspecialistnurseste@nhs.net to notify the Diabetes Specialist Nurses team.

Crawley Down Health Centre	Handcross Surgery	Judges Close Surgery	Moatfield Surgery
Partridge Green surgery	Ship Street Surgery	Cowfold Surgery	Cuckfield surgery
Lindfield Surgery	Meadows Surgery	Silverdale Surgery	Hassocks Surgery
Hurstpierpoint Health Centre	Parkview Surgery	The Brow Medical Centre	Dolphins Surgery
Newtons Surgery	Northlands Wood Surgery		

The discharge summary must include the following criteria;

Patient's name
NHS Number
Date of birth
Telephone number
Known Diabetes - Type 1, Type 2, Other,
GP Practice and telephone number
Treatment Plan
COVID – status
HbA1c which is taken at admission.
Date Dexamethasone stopped/due to stop

Please note, all patients should be discharged with the following;

- Glucometer, lancets, test strips
- Insulin and pen needles
- Urine ketone test strips for patient with T1DM and/or patients on SGLT2 medication

If you have an urgent query regarding a patient who is due for discharge, please call 01444 444 788 between the hours of 9am and 4pm to speak to a Diabetes Specialist Nurse.

