

End of life care: diabetes management

- Aims**
- Improve quality of life of dying patient by:
 - Minimising medications and tests
 - Reducing unpleasant symptoms associated with hypo- and hyperglycaemia and the risk of DKA

- General advice**
- Involve patient & family: any known wishes?
 - If no previous target, aim for blood glucose 6-15mmol/L or establish target blood glucose early with diabetes team
 - Remember to reduce diabetes medications as patients oral intake declines
 - If on an insulin pump or steroids, contact diabetes team early
 - If T1DM, should **always** remain on insulin to avoid unpleasant side effects of DKA
 - Seek advice from diabetes team if considering stopping insulin in T2DM

