

Analgesia

Consider:

- Intranasal fentanyl (1.5 micrograms/kg, max 75 micrograms)
- Entonox

First aid

- 20 mins under cool running water if not already done **and** within 3 hours of injury

Photograph burns using
CED camera kept in the
CED CD cupboard

Photography:

- Ensure consent is taken for photos prior to photography.
- Pre-debridement photos are important to see if distinct pattern (e.g. in contact burns from radiators or BBQs, NAI, deep burns, long contact time)

Clean, debride and
de-roof blisters

Dressings:

- Use double / triple layer of **Jelonet** plus non-adherent dressing and bandage or mefix. Will last up to 48 hours.
- Can use clingfilm if transferring to QVH same day.
- Mepitel can be used if follow up is beyond 48hrs.
 - *Be aware that Mepitel can leave an impression of the mesh on the wound IF the wound heals whilst Mepitel is insitu, causing a patterned scar.*

Photograph burns post
debridement

Dress burns

Referral to Regional Burns Centre

1. Log on to TRIPS website www.trips.nhs.uk – you will need to be registered using your nhs.net e-mail.
2. Click on “refer a patient”.
3. Select specialty “burns”, area “Kent, Surrey and Sussex”, hospital “Brighton, Royal Alexandra”.
4. Complete referral form, attach photographs (Connect camera to PC then switch camera on → camera application will open → click on open files → select the photos you want to upload) and send. **Always delete photographs from camera** after they are uploaded
5. Wait 5 minutes then ring Peanut ward on 01342 414469 to formally refer.
6. If attending the PAU at QVH, provide parents with QVH leaflet and write the appointment time on it.

Refer to Regional Burns
Centre at Queen Victoria
Hospital (QVH) in East
Grinstead via TRIPS.
See also London and
South East Burns Network
guidance on Microguide
(Microguide >Paediatrics & Neonatology
>Paediatrics >A-Z >Burns guidelines)