3.2 Self-appraisal of learning

Evaluating your learning experience

| Placement: |
| Training period from: | to: |

1. What did you find most valuable in learning experiences and how did they match your needs? What areas did you find the most difficult?

2. What feedback did you get from your supervisors to help you meet your objectives?

3. Has your placement(s) differed from your expectations? Has it changed your ideas or thoughts on a career direction? If so, how?

4. In light of your experiences, how will you adapt your PDP?

5. What (if any) study/formal education did you undertake during the Foundation Programme? What were some of the key things you got from the training?