

Managing Moisture Damage Intertrigo

Intertrigo describes moisture damage between the folds of skin such as the neck, under the arms, under a protruding abdomen, in the groin, between the buttocks, in the finger webs, or in the toe spaces.

● Inspect locations where skin touches skin



Skin Management of Intertrigo Moisture Damage

Actions Required

- Keep skin **clean and dry**, light patting and not rubbing will reduce abrasions to the epidermal layer
- Allowing the skin between the folds to **completely dry** and be exposed will prevent skin damage
- **Avoid using dressings and/or talcum powder**

Treatment Requirements

- If skin is broken use **Dermol 500** as a soap substitute
- Treat areas of cutaneous yeast and/or fungi infections with topical **antifungal treatments** such as **clotrimazole**
- Bacterial infections may be treated with topical antibiotics such as **Mupirocin ointment**
- **Contiplan wipes** can be placed in to the folds to moisturise and prevent further deterioration
- **Avoid using topical steroids**

For further advice please contact the Tissue Viability Team via email at bsuh.woundcare@nhs.net