

Steroid Injection Checklist during COVID-19

All criteria must be met prior to referral for steroid injection;

1: First line conservative measures including simple analgesia and activity modification have failed

2: Pain is having significant negative effect on activities of daily living.

3: Patient does not wish to wait until COVID-19 risk decreases.

4: Patient is aware of potential increased risk and lack of clear evidence related to COVID-19 and patient has been engaged in shared decision making.

5: Patient consent obtained and documented.

Referrer Name:

Signature:

Checklist based on guidance from British Orthopaedic Association website and NHS England;

<https://www.boa.ac.uk/uploads/assets/30a67bae-1e3a-4b76-bf97b7f86600230b/Corticosteroid-use-for-musculoskeletal-and-rheumatic-conditions-during-COVID-19-Pandemic-V1.pdf>